

TEAC 3010 HEALTH AND PHYSICAL EDUCATION IN THE PRIMARY YEARS

Credit Points 10

Legacy Code 102652

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Description This unit is designed to explore the content and pedagogies of Health and Physical Education (HPE) in the PDHPE NSW K-6 curriculum. Students will develop an understanding of effective pedagogies of HPE. The knowledge and skills developed in this unit can be applied in the other units of study in the course and Professional Experience units. This unit aims to develop teachers who demonstrate empathy with diverse groups of student learners and commitment to socially just schools and classrooms.

School Education

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Restrictions Students must be enrolled in and have successfully completed 160 credit points of study in the 1876 Bachelor of Education (Primary).

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the content and central concepts of the NSW K-10 PDHPE Syllabus and support documents within primary educational settings.
2. Create programs of integrated learning experiences covering all Health and Physical Education subject matters using a range of relevant pedagogies, assessment and teaching strategies.
3. Apply teaching strategies that are responsive to a diversity of student needs and backgrounds, including Aboriginal and Torres Strait Islander students, English as Additional Language students and students with additional needs.
4. Identify the role of Health and Physical Education within the broader school curriculum, including the relationship between Health and Physical Education contents and other Key Learning Areas of the curriculum and cross curriculum perspectives of literacy and numeracy.
5. Identify and critically analyse appropriate teaching and learning resources that can be used to enhance students' understanding of health concepts.
6. Apply appropriate Health and Physical Education pedagogies to improve learning.
7. Analyse the value of PDHPE as a lifelong learning experience through critically reflecting upon personal experiences with movement, and values and attitudes around health and physical activity.
8. Examine the Wellbeing framework and the relationship between wellbeing and students' learning engagement and educational outcomes.

Subject Content

1. Health and Physical Education syllabus content and pedagogical knowledge.
2. Quality teaching pedagogies and engaging learning experiences that achieve the aims and outcomes of the NESA Personal Development, Health and Physical Education syllabus documents.
3. Organisational management strategies for teaching and learning in Health and Physical Education.
4. Planning and writing effective learning experiences for Health and Physical Education.
5. Student assessment in the key learning area of Health and Physical Education.
6. Using information and communication technologies to design, deliver and evaluate learning experiences and improve their own professional skills.

Prescribed Texts

- Board of Studies, NSW. (2014). Personal Development, Health and Physical Education K-6 Syllabus. Retrieved from: <http://educationstandards.nsw.edu.au/wps/portal/nesa/k-10/learning-areas/pdhpe/pdhpe-K-6-syllabus>

Teaching Periods