

REHA 3041 FACILITATION IN RECREATIONAL THERAPY

Credit Points 10

Legacy Code 401385

Coordinator Joanne Rodrigues ([https://directory.westernsydney.edu.au/search/name/Joanne Rodrigues/](https://directory.westernsydney.edu.au/search/name/Joanne%20Rodrigues/))

Description This subject explores the facilitation of recreational therapy interventions, including processing and building rapport and trust with individuals and groups. Various recreational therapy modalities, and their application and benefits to achieving health outcomes will be explored and critiqued. This subject is designed to be hands-on and students will be tasked with facilitating a mock intervention for their peers.

School Health Sciences

Discipline Rehabilitation Therapies, Not Elsewhere Classified.

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Co-requisite(s) REHA 2014

Equivalent Subjects REHA 3035 - Therapeutic Recreation Professional Project

Assumed Knowledge

Knowledge of recreational therapy assessment, planning and evaluation processes.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply and critique theories and principles of recreation therapy to develop therapeutic interventions;
2. Utilise recreation therapy frameworks in individual and group interventions;
3. Design and adapt recreational therapy activities and treatments to meet diverse needs;
4. Facilitate ethically sound and evidence-based recreational therapy interventions;
5. Demonstrates effective communication skills;
6. Assess the quality and effectiveness of recreational therapy facilitation practices.

Subject Content

1. Principles of learning
2. Evidenced-based practice in Recreational Therapy
3. Communication and instructional techniques in Recreational Therapy
4. Helping and counselling theories in Recreational Therapy
5. Facilitation skills with different populations in Recreational Therapy
6. Emotional and physical expression and control
7. Educational and adaptation strategies

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Presentation	15 minutes	20	N	Group	N
Applied Project	1000 words	40	N	Individual	N
Practical	30 minutes	40	N	Group/ Individual	N

Teaching Periods

Spring (2024)

Campbelltown

On-site

Subject Contact Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3041_24-SPR_CA_1#subjects)

Online

Online

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View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3041_24-SPR_ON_2#subjects)

Sydney City Campus - Term 1 (2025)

Sydney City

On-site

Subject Contact Liz Atteya ([https://directory.westernsydney.edu.au/search/name/Liz Atteya/](https://directory.westernsydney.edu.au/search/name/Liz%20Atteya/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3041_25-SC1_SC_1#subjects)

Spring (2025)

Campbelltown

On-site

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