

# REHA 3035 THERAPEUTIC RECREATION PROFESSIONAL PROJECT

**Credit Points** 10

**Legacy Code** 400254

**Coordinator** Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

**Description** This subject will no longer be offered. Student are advised to enrol into the equivalent subject called REHA3041 Facilitation in Recreational Therapy in Spring 2022. The aim of this subject is for students to explore the facilitation of therapeutic recreation interventions. Students will have opportunities to apply practical professional skills, including working through the treatment process and building rapport with individuals and groups. This subject is a hands on subject where students engage in mock activity interventions.

**School** Health Sciences

**Discipline** Rehabilitation Therapies, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** HLTH 1001 AND REHA 3036

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply theories and principles to develop therapeutic/helping relationships.
2. Utilise the recreation therapy framework in individual and group treatment.
3. Apply evidenced based practice in recreational therapy contexts.
4. Apply skills in developing evidence based treatment plans based on clients strengths and resources
5. Design and adapt recreation therapy activities and treatments to meet individual needs.
6. Facilitate therapeutic recreation treatments.

## Subject Content

1. Communication techniques in Therapeutic Recreation
2. Instructional techniques in Therapeutic Recreation
3. Evidenced based practice in Therapeutic Recreation
4. Intervention techniques in Therapeutic Recreation
5. Helping and counselling theories in Therapeutic Recreation
6. Facilitation skills in Therapeutic Recreation

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Presentation	15 minutes	15	N	Group
Applied Project	1,000 words	25	N	Individual
Practical	30 minutes	30	N	Both (Individual & Group)
Literature Review	1,500 words	30	N	Individual

### Prescribed Texts

- Stumbo, N. and Wardlaw, (2011). Facilitation of therapeutic recreation services: An evidence-based and best practice approach to techniques and processes. State College, PA: Venture Publishing.