

# REHA 3029 PODIATRIC PRACTICE 2

**Credit Points** 10

**Legacy Code** 400930

**Coordinator** Zainab Al-Modhefer ([https://directory.westernsydney.edu.au/search/name/Zainab Al-Modhefer/](https://directory.westernsydney.edu.au/search/name/Zainab%20Al-Modhefer/))

**Description** This unit will further develop students assessment skills encouraging the student to make the appropriate selection of techniques (biomechanical assessments) and to introduce the student to the diagnosis and management of a variety of simple foot pathologies. In this unit, the second of the four clinical practice units, students will participate in assessments of patients under supervision and continue with the management of foot pathologies. Clinical activities will be divided into five areas: General Medicine Clinic, Biomechanical Assessment Clinical, Tutorial, Clinical Therapies and External Clinical Placement.

**School** Health Sciences

**Discipline** Podiatry

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** REHA 3028

**Equivalent Subjects** LGYA 7043 - Podiatric Practice 2

## Restrictions

Podiatry specific - students will be participating in patient assessment and management. It is essential that they have been able to demonstrate baseline competencies in patient assessment and infection control procedures. The podiatric practice subjects have been designed to be an integrated suite of subjects where one subject builds on the clinical competencies of the others.

## Assumed Knowledge

Completion of all core subjects to this semester/ year of study.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Demonstrate skills in safe work practices including infection control and work health and safety in a clinical setting.
2. Implement documentation skills, in accordance with the problem-oriented medical record (POMR) system, in a clinical setting.
3. Demonstrate appropriate professional communication skills in a clinical setting including referrals, letter writing, goal orientated management plans and patient education.
4. Apply theoretical knowledge of vascular, neurological and musculoskeletal systems to common foot pathologies in a clinical setting.
5. Develop and demonstrate specialist diagnostic skills to identify pathology in the foot and lower extremity including vascular, neurological, biomechanical and gait assessment.

6. Develop and apply management skills necessary for the treatment of patients with common foot and lower extremity pathology.
7. Demonstrate skills in the manufacture of custom made functional orthotic devices including neutral casting, positive cast manufacture, grinding and safety competencies.

## Subject Content

This is the second of four clinical practice subjects, the student will participate in patient assessment, diagnosis, and management. The activities will be divided into four areas:

- (a) UniClinic
- (b) Clinical Therapies
- (c) Clinical Tutorial
- (d) External Clinical Placement

### (a) UniClinic

In these clinics, the student will further develop patient assessment, diagnosis, management, and clinical reasoning skills. The patients who attend these clinics will be new and ongoing patients who have basic foot problems, problems associated with an existing medical condition, and mechanical/functional problems. Appropriate assessments and management strategies will be carried out including manufacture of orthoses. The students will be supervised by registered practitioners.

### (b) Clinical Therapies

This subject will continue to develop clinical therapies skills, focusing on the manufacture, clinical decision making and issues associated with cast, functional devices for patients. Students will engage in management and safety of a orthoses workshop.

Content will include:

Review of foot posture and foot function

Review of neutral casting and preparation of the positive cast

Discussion of positive casts

Cast evaluation

Manufacture of clinical devices – intrinsic and extrinsic posting, shell grinding

Introduction to issuing and fitting orthotic devices

Prefab and off the shelf devices

Ethical and professional considerations with orthoses

Assessment of footwear – footwear type, footwear assessment, shoe fitting

### (c) Clinical Tutorial

Most clinical information will be presented during these sessions.

Basic clinical skills and case presentation skills will be further practiced within the group.

Content includes:

Principles of new and review consultation

Rationale for assessment selection

Goal oriented management plans

Health outcome concepts

Education concepts and skills for general foot pathologies

Footwear education concepts and skills

Referral and response letter writing

### (d) External Clinical Placement

There will be a placement for 5 days of clinical activities in an external clinical site. The focus of this placement will be on developing assessment, diagnostic, management, and patient interaction skills in a real world clinical setting.

## Special Requirements

Legislative pre-requisites

NOTE: Due to Covid Restrictions, the First Aid Requirement is currently not needed.

## Special Requirements - NSW Health Legislative Prerequisites

### Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://issuu.com/uwspublications/docs/wsu\\_student\\_compliance\\_booklet\\_2020\\_v6/](https://issuu.com/uwspublications/docs/wsu_student_compliance_booklet_2020_v6/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance)

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## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Practical	N/A	30	N	Individual
Presentation	10 minutes	20	N	Individual
Practical Exam	40 minutes	50	Y	Individual
Professional Task	On-going assessment on all activities during semester	S/U	Y	Individual
Professional Placement Performance	5 days of supervised external clinical placement	S/U	Y	Individual

Teaching Periods

## 2nd Half Campbelltown Day

**Subject Contact** Zainab Al-Modhefer ([https://directory.westernsydney.edu.au/search/name/Zainab Al-Modhefer/](https://directory.westernsydney.edu.au/search/name/Zainab%20Al-Modhefer/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=REHA3029\\_22-2H\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3029_22-2H_CA_D#subjects))