

# REHA 3028 PODIATRIC PRACTICE 1

**Credit Points** 10

**Legacy Code** 400929

**Coordinator** Sarah Casey ([https://directory.westernsydney.edu.au/search/name/Sarah Casey/](https://directory.westernsydney.edu.au/search/name/Sarah%20Casey/))

**Description** This subject is the first of four podiatry clinical practice subjects. Building on previous core and podiatry-specific theory subjects, this subject introduces students to basic and general clinical skills, including history taking, patient communication, assessment, diagnosis, management and documentation in the clinical environment of common foot disorders under supervision. The student will also be introduced to basic skills in manual therapy as part of the clinical therapies component of the subject. Clinical activities will include Uniclinc sessions, Clinical Therapies, Tutorials and External Clinical Placement.

**School** Health Sciences

**Discipline** Podiatry

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** REHA 2007 AND REHA 2003

## Restrictions

The Podiatric Practice subjects have been designed to be an integrated suite of subjects where one subject builds on the clinical competencies of the others. Students participate in patient assessment, diagnosis and management. It is essential that students have been able to demonstrate baseline competencies in theoretical content, patient management, infection control and safe work practices (i.e completed the preceding prerequisite subjects including Podiatry PreClinical). The subject is Podiatry specific and restricted only to students enrolled in 4708 and 4709.

## Assumed Knowledge

Completion of all core subjects to this semester/ year of study.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the principles of professionalism, infection control and work health and safety in a clinical setting.
2. Apply appropriate and safe use of clinical and manual therapy skills in assessment and management of foot and ankle conditions.
3. Utilise skills in clinical reasoning and knowledge of podiatric medicine and interprofessional practice to develop patient-centred, goal orientated management plans.
4. Practice communication strategies that support inclusive engagement, person-centred therapeutic relationships, and patient self-determination.

5. Demonstrate strategies that enable ongoing self-reflexivity and life-long learning, and employ values and behaviours required to practice cultural humility as a health practitioner.

## Subject Content

This is the first of four clinical practice subjects, the student will participate in basic and general patient assessment, diagnosis, and management of common foot disorders.

The activities will be divided into four areas:

- Patient Clinic (UniClinic)
- Clinical Therapies
- Clinical Tutorials
- External Clinical Placement

### 1. Patient Clinics (UniClinic)

- All students must be deemed competent in their safety OSCE prior to commencing patient clinics, where students will be heavily supervised by registered practitioners.

### 2. Clinical Tutorials

Content includes:

#### a). General Information

- Compliance with Immunisation, First aid and advanced resuscitation CPR certificates, Criminal record and working with children checks, Bulk compliance checks, Inherent Requirements for UniClinic.

#### b). Professional Behaviour

- Student Clinical Handbook Procedures
- Dress code

Application of practitioner cultural humility to culturally safe clinical practice for Aboriginal and Torres Strait Islander Peoples

- Applying strength-based communication
- Self reflexivity and culturally safe practice in Podiatry

#### c). Infection control

- Infection Control Handbook Procedures
- Sterilisation room
- Clinical protocols
- Sterilisation procedures
- Preparing a work area
- Applying a dressing using aseptic technique

#### d). Documentation

- Legalities
- Responsibilities
- UniClinic assessment forms and patient record keeping
- SOAPE format
- Goal Orientated Management Planning
- Clinical Checklists
- Referrals and responses

#### e). Clinical Protocols

- Principles and procedures of clinic
- Consultation thought processes
- History gathering concepts and skills

## f). Assessments and Diagnosis

- Cursory neurological
- Cursory vascular
- Cursory dermatological
- Cursory functional and biomechanical

## g). Developing basic clinical skills

- Handling sharps
- Needle-stick injuries
- Scalpel work
- Nail treatments
- Padding and strapping
- Silicon devices
- Braces and supportive devices
- Footwear assessment
- taping techniques
- non-cast orthoses

## h). Occupational/Work Health and Safety Practical Issues

- Patient safety
- Practitioner safety
- Managing a changing environment
- Risk assessments

## i). External placement

- External placement orientation
- Developing learning objectives for placement
- Professional and ethical issues associated with placement
- Assessment and feedback on placement

## 3. Clinical Therapies

Content includes:

- Principles of manual therapy
- Safety factors within the workshop area and using machinery safely
- Non-cast devices and the introduction to off the shelf devices
- Historical aspects on orthoses
- Review of foot posture, foot function and neutral foot position
- Neutral casting and pouring of casts
- Negative and positive casts
- Fabrication custom-made functional orthoses and simple devices

## 4. External Clinical Placement

- Placements will take place in private practice and public sectors.

## Special Requirements

Legislative pre-requisites

### Special Requirements - NSW Health Legislative Prerequisites **Pre-requisites**

#### Student Compliance Information for all Health-Related Placements

**Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.**

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://www.westernsydney.edu.au/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/placements_hub/placements_hub/student_compliance/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Practical Exam	up to 60 mins	S/U	Y	Individual	Y
Professional Task	During scheduled practical sessions	40	N	Individual	N
Practical Exam	40 minutes	50	Y	Individual	Y
Professional Placement Performance	Scheduled clinical sessions and activities throughout the teaching period	10	Y	Individual	Y
Professional Task	N/A	S/U	Y	Individual	Y

Teaching Periods

## 1st Half (2025)

### Campbelltown

#### On-site

**Subject Contact** Jessica Knox ([https://directory.westernsydney.edu.au/search/name/Jessica Knox/](https://directory.westernsydney.edu.au/search/name/Jessica%20Knox/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA3028\\_25-1H\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3028_25-1H_CA_1#subjects))