

# REHA 3015 MUSCULOSKELETAL PHYSIOTHERAPY A

**Credit Points** 10

**Legacy Code** 401199

**Coordinator** Amitabh Gupta ([https://directory.westernsydney.edu.au/search/name/Amitabh Gupta/](https://directory.westernsydney.edu.au/search/name/Amitabh%20Gupta/))

**Description** This subject builds on the knowledge and skills developed in the first two years of physiotherapy study. It focuses on client assessment and evidence-based management in musculoskeletal physiotherapy contexts. This will require strong communication skills, ethical and professional behaviour and an appreciation of interprofessional care. Professional competencies addressed in this subject include developing skills in musculoskeletal physiotherapy assessment, interpretation and prioritisation of findings along with the implementation and evaluation of appropriate treatment strategies.

**School** Health Sciences

**Discipline** Physiotherapy

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** REHA 2001 AND  
NATS 2008 AND  
HLTH 1010 AND  
BEHV 1014 AND  
HLTH 2024

**Co-requisite(s)** REHA 3009 AND  
REHA 3017 AND  
REHA 3003

**Equivalent Subjects** REHA 3026 - Orthopaedic Physiotherapy

## Restrictions

Students must be enrolled in 4706 Bachelor of Physiotherapy and 4733 Bachelor of Physiotherapy (Hons).

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Display effective communication skills, ethics and professionalism
2. Conduct a subjective and objective assessment
3. Develop a prioritised problem list and treatment plan
4. Implement appropriate and effective management strategies, including electrophysical agents
5. Monitor, evaluate and progress treatments as indicated
6. Demonstrate safe work practices

## Subject Content

Within a musculoskeletal physiotherapy context the content will include development of:

- subjective and objective components of An assessment

- skills such as observation, palpation, joint range of Motion, muscle length, muscle strength, Balance, Coordination, Functional, neurological Examination and Radiological imaging
- The interpretation of findings, Prioritisation of client problems and development of A Problem list and treatment plan
- implementation of appropriate management techniques including education, Exercise, gait rehabilitation, manual therapy and electrophysical agents
- Monitoring, evaluation and Progression of treatments as appropriate including discharge
- Interprofessional communication, ethics and professionalism
- Safe work practices

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Practical Exam	20 minutes	40	Y	Individual	Y
Report	1 page	10	N	Individual	Y
Intra-session Exam	2 hours	40	Y	Individual	Y
Practical Exam	20 minutes	10	Y	Individual	Y

Teaching Periods

## 1st Half (2025)

### Campbelltown

#### On-site

**Subject Contact** Amitabh Gupta ([https://directory.westernsydney.edu.au/search/name/Amitabh Gupta/](https://directory.westernsydney.edu.au/search/name/Amitabh%20Gupta/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA3015\\_25-1H\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3015_25-1H_CA_1#subjects))