

REHA 3006 ERGONOMICS AND WORK OCCUPATIONS

Credit Points 10

Legacy Code 401121

Coordinator Beth Mayland ([https://directory.westernsydney.edu.au/search/name/Beth Mayland/](https://directory.westernsydney.edu.au/search/name/Beth%20Mayland/))

Description The productivity role is a key aspect of adult life for most people. Occupational therapists play a major role in assisting clients who have had their productivity role affected in some way. This subject explores the importance of productivity for adults, in particular those engaged in paid employment. The focus of this subject is the rehabilitation of the injured worker within the context of the work health and safety legislation and the WorkCover case management system. In addition, this subject will explore vocational counselling and rehabilitation for clients with psychosocial, cognitive and physical disabilities.

School Health Sciences

Discipline Occupational Therapy

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) REHA 2006 AND NATS 1022

Incompatible Subjects REHA 7006 - Ergonomics and Work Occupations

Restrictions Students must be enrolled in 4711 Bachelor of Occupational Therapy or 4712 Bachelor of Occupational Therapy (Honours).

Assumed Knowledge

Human anatomy, functional anatomy.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Discuss the importance of the productivity role for adults ? paid and unpaid and examine the factors impacting on engagement in work for people with cognitive, psychosocial or work related injuries
2. Apply the principles of ergonomics to workplace assessment to client case scenarios
3. Describe the role of the occupational therapist in occupational health and rehabilitation in the context of work health and safety legislation and the WorkCover NSW system
4. Identify the issues related to vocational rehabilitation and return to work from the consumer perspective
5. Apply published evidence related to case management and occupational rehabilitation to solve occupational therapy problems
6. Discuss the impact of common occupational diseases and injuries
7. Apply the case management process to an injured worker or a client requiring vocational rehabilitation

Subject Content

1. Developmental theory on adult work role
2. Ergonomic principles for workplace assessment

3. Common occupational injuries and diseases
4. Work health and safety legislation
5. Principles of case management based on the WorkCover NSW system
6. Functional assessment for different client groups
7. Design of graded return to work programs and vocational rehabilitation programs

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Report	800-1000 words	30	N	Individual	N
Presentatio	10-15 minutes	30	N	Group	N
Report	1,000 words	40	N	Individual	Y

Teaching Periods

Autumn (2025)

Campbelltown

On-site

Subject Contact Beth Mayland ([https://directory.westernsydney.edu.au/search/name/Beth Mayland/](https://directory.westernsydney.edu.au/search/name/Beth%20Mayland/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA3006_25-AUT_CA_1#subjects)