

# REHA 1002 INTRODUCTION TO PHYSIOTHERAPY PRACTICE

**Credit Points** 10

**Legacy Code** 400906

**Coordinator** Daniel Thomson ([https://directory.westernsydney.edu.au/search/name/Daniel Thomson/](https://directory.westernsydney.edu.au/search/name/Daniel%20Thomson/))

**Description** This subject introduces students to the concept of physiotherapy as a profession, including regulatory, ethical and legal frameworks underpinning practice within the context of the changing health environment. In addition, students will be introduced to fundamental aspects of physiotherapy practice, including gathering, analysing and problem-solving information through a process of clinical reasoning. Students will also develop practical skills in relation to assessment of movement, patient manual handling and transfers, and patient education regarding gait and use of assistive devices. Students will also develop skills in cultural awareness and learn about current and historical experiences of Aboriginal and Torres Strait Islander people.

**School** Health Sciences

**Discipline** Physiotherapy

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 1 subject

## Restrictions

Students must be enrolled in 4662 Bachelor of Health Science/Master of Physiotherapy.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Describe the regulatory requirements for physiotherapy in Australia
2. Describe physiotherapy with respect to its purpose, role and contribution to health care using the International Classification of Functioning framework
3. Develop sound clinical reasoning commensurate with level of training
4. Apply basic communication skills to effectively communicate with clients, peers and academic staff in physiotherapy contexts
5. Perform introductory physiotherapy skills, including movement analysis, manual handling and patient gait training, in a safe and effective manner
6. Develop critical reflection skills in physiotherapy contexts
7. Discuss the historical and current experiences of Aboriginal and Torres Strait Islander peoples, and develop cultural self-awareness on how personal and cultural beliefs influence interactions in physiotherapy practice
3. Clinical reasoning
4. Effective communication in physiotherapy
5. Critical reflection in physiotherapy
6. Analysis and assessment of human movement
7. Analysis and assessment of gait
8. Clinical case scenarios relevant to physiotherapy practice
9. Historical and Current experiences of Aboriginal and Torres Strait Islander people
10. Cultural awareness and impacts on clinical interactions

## Special Requirements

Legislative pre-requisites

### Special Requirements - NSW Health Legislative Prerequisites Pre-requisites

#### Student Compliance Information for all Health-Related Placements

**Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.**

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://www.westernsydney.edu.au/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/placements_hub/placements_hub/student_compliance/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.

## Subject Content

1. The scope and practice of physiotherapy, including regulatory, ethical and legal frameworks
2. The International Classification of Functioning and physiotherapy

- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Practical Exam	10 minutes	30	N	Individual	N
Practical Exam	20 minutes	30	Y	Individual	Y
Intra-session Exam	2 hours	40	Y	Individual	Y
Professional Task	N/A	S/U	Y	Individual	Y

Teaching Periods

## Autumn (2025)

### Campbelltown

#### On-site

**Subject Contact** Daniel Thomson ([https://directory.westernsydney.edu.au/search/name/Daniel Thomson/](https://directory.westernsydney.edu.au/search/name/Daniel%20Thomson/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=REHA1002\\_25-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=REHA1002_25-AUT_CA_1#subjects))