

# PUBH 2006 CULTURE, DIVERSITY AND HEALTH (WSTC)

**Credit Points** 10

**Legacy Code** 700072

**Coordinator** Charlise Bennett ([https://directory.westernsydney.edu.au/search/name/Charlise Bennett/](https://directory.westernsydney.edu.au/search/name/Charlise%20Bennett/))

**Description** This subject introduces skills for understanding and engaging effectively with the culturally and socially diverse world in which we live and work. Indigenous Australia is a major theme and students will gain an appreciation of the achievements and needs of Indigenous Australians. The subject examines cultural safety more broadly and puts these issues in the context of health professionals working in multi-cultural settings and handling culturally different health philosophies and practices. Cultural diversity is increasingly recognised as a major issue in the delivery of health care and a major determinant of Indigenous health.

**School** Health Sciences

**Discipline** Public Health, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** PUBH 2005 - Culture Diversity and Health

## Restrictions

Students must be enrolled at Western Sydney, The College unless specific permission has been granted by the School of Science and Health.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply knowledge regarding equity, culture and diversity to their studies and professional behaviour as future health science practitioners
2. Examine the experience of health, wellness, health services and health outcomes from an indigenous perspective
3. Identify the role of social determinants of health across diverse populations
4. Describe the health needs of a range of marginalised Australians including; Indigenous Australians, Australians of a culturally or linguistically diverse backgrounds, sexually diverse Australians, ageing Australians and Australians living with disability
5. Examine approaches to cultural safety in health science practice

## Subject Content

-Introduction to the unit:  
 oWhat are culture, diversity and identity?  
 oExplore the cultural/social/ethnic diversity of the class  
 oHow do health care professionals approach diversity?  
 oIntroduce cultures of health and health care  
 -The Australian context Indigenous Australia:

oOverview of the history of Aboriginal and Torres Strait Islander Australia and the concept of Indigenous identities  
 -The cultures of health and health care:  
 oReview of dominant health culture in Australia  
 oUnderstanding Western and Eastern health models  
 -The Australian context Australians of Culturally and Linguistically Diverse Backgrounds (CALD):  
 oOverview of the history of migration to Australia and the contemporary context of Australian 'multiculturalism'  
 oHealth needs of CALD Australians  
 -Segregation as a fundamental cause of ethnic disparities in health:  
 oDiscrimination and health: causes, consequences and potential solutions  
 oReligious difference in Australia  
 -Human rights and health literacy:  
 oWhat are human rights?  
 oHuman Rights in Australia  
 oWhat rights are covered to promote equity?  
 oHow can human rights improve health literacy?  
 -Intro Cultural Competency:  
 oIntroduction to cultural competence  
 oCultural competency as a toolkit for cultural safety  
 -Cultural Safety:  
 oWhat is cultural safety  
 oWhy is it important?  
 -Cultural Competency in Pract

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Presentation	20 mins	30	N	Group
Presentation	Peer participation mark	10	N	Individual
Report	1000 words	30	N	Individual
Quiz	45 min	20	N	Individual
Participation	10 weeks	10	N	Individual

Teaching Periods

## Term 2 (2024)

### Nirimba Education Precinct

#### On-site

**Subject Contact** Despina Kamper ([https://directory.westernsydney.edu.au/search/name/Despina Kamper/](https://directory.westernsydney.edu.au/search/name/Despina%20Kamper/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=PUBH2006\\_24-T2\\_BL\\_1#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=PUBH2006_24-T2_BL_1#subjects))

## Term 3 (2024)

### Nirimba Education Precinct

#### On-site

**Subject Contact** Despina Kamper ([https://directory.westernsydney.edu.au/search/name/Despina Kamper/](https://directory.westernsydney.edu.au/search/name/Despina%20Kamper/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=PUBH2006\\_24-T3\\_BL\\_1#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=PUBH2006_24-T3_BL_1#subjects))