

# NURS 7071 INTRODUCTION TO ALTERATIONS IN HEALTH

**Credit Points** 10

**Legacy Code** 401458

**Coordinator** Olayide Ogunsiji ([https://directory.westernsydney.edu.au/search/name/Olayide Ogunsiji/](https://directory.westernsydney.edu.au/search/name/Olayide%20Ogunsiji/))

**Description** The primary focus of this subject is the application of the National Safety and Quality Health Service Standards related to regional, national and global Health Priorities. This introduction to Alterations in Health utilises an evidence-based approach to develop an understanding of pathophysiology, pharmacological interventions, and justification of appropriate safe nursing care of people across the lifespan who are experiencing acute, but usually resolvable alterations in their health.

**School** Nursing & Midwifery

**Discipline** General Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 7 subject

**Co-requisite(s)** NURS 3040 - Foundations of Nursing Practice

## Restrictions

Students must be enrolled in program 4785 - Master of Nursing Practice (Preregistration).

## Assumed Knowledge

Primary health care, foundational knowledge of human biological sciences including human body systems, immunity, wound healing, infection control, basic concepts in pharmacology and pathophysiology and the relationship to nursing practice.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Interpret physiological changes associated with alterations in health across contexts of nursing practice
2. Extrapolate best evidence to support decision making for safe person-centred care
3. Implement appropriate nursing assessment and person-centred care during the perioperative period
4. Prioritise nursing care for a person experiencing an alteration in health and the ability to justify decision making
5. Substantiate the safe and effective use of pharmacological and non-pharmacological interventions for a person experiencing an alteration in health
6. Critical reflect on the Australian National Priority Areas as they relate to person centred care

## Subject Content

1. Pathophysiology and pharmacology related to:
  - a. gastrointestinal,
  - b. musculoskeletal
  - c. reproductive systems

- d. injury prevention and control
2. National Safety and Health Priority areas:
    - a. Injury Prevention and Control
    - b. Arthritis and Musculoskeletal Conditions
    - c. Cancer Control
  3. Principles of nursing care related to:
    - a. NMBA Registered Nurse standards for practice
    - b. Best Practice Guidelines
    - c. Hospital policies and procedures
    - d. Diversity, culture, inclusion, and cultural safety for all people
    - e. Accesses and analyses the best available evidence, that includes research findings, for safe, quality practice
  4. Factors influencing nursing care in the pre and post-operative period:
    - a. Deterioration
    - b. Complications
    - c. Signs and symptoms
  5. National Safety and Quality Health Service Standards related to perioperative nursing care
  6. Pharmacology in the pre and postoperative period:
    - a. Analgesics
    - b. Antibiotics
    - c. Anti-inflammatory agents
    - d. Specific condition related treatments
  7. Non-pharmacological comfort measures

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group	Mandatory Task
Quiz	30 minutes x 2 (15% each)	30	N	Individual	Y
Poster	600 words	30	N	Individual	Y
Case Study	1,500 words	40	N	Individual	Y
Participatio	All teaching weeks	S/U	Y	Individual	Y

Teaching Periods

## Autumn (2025)

### Hawkesbury

#### On-site

**Subject Contact** Olayide Ogunsiji ([https://directory.westernsydney.edu.au/search/name/Olayide Ogunsiji/](https://directory.westernsydney.edu.au/search/name/Olayide%20Ogunsiji/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS7071\\_25-AUT\\_HW\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS7071_25-AUT_HW_1#subjects))

### Parramatta - Victoria Rd

#### On-site

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