

# NURS 7012 CLINICAL PRACTICE: INFANT AND CHILD NUTRITION AND FEEDING

**Credit Points** 10

**Legacy Code** 400830

**Coordinator** Rachel Gregory-Wilson ([https://directory.westernsydney.edu.au/search/name/Rachel Gregory-Wilson/](https://directory.westernsydney.edu.au/search/name/Rachel%20Gregory-Wilson/))

**Description** This subject focuses on infant feeding including breast feeding as a significant social and cultural process not just an issue of physiology and nutrition. The theoretical component of this subject will focus on the age-appropriate nutrition of infants and young children linked to developmental stages and the role the child and family health professional in supporting families manage associated issues. All areas of early nutrition will be covered including breastfeeding, use of breast-milk substitutes, introduction of solids and toddler nutrition. The knowledge gained in this subject will be consolidated through virtual clinical placement.

**School** Nursing & Midwifery

**Discipline** Mothercraft Nursing and Family and Child Health Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 7 subject

## Restrictions

Students must be enrolled in 4713 Master of Child and Family Health (Karitane), 4714 Graduate Diploma in Child and Family Health (Karitane) or 4715 Graduate Certificate in Child and Family Health (Karitane).

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain and apply evidenced based knowledge of the nutritional requirements for lactation, and for normal growth and development of infants and young children.
2. Reflect and critically evaluate context of breastfeeding, formula feeding, weaning and infant feeding in Australia and possible outcomes for children.
3. Discuss the value of breastfeeding and breast milk with pregnant and new mothers, fathers and families to support the initiation of breastfeeding including breast feeding difficulties and appropriate management.
4. Critically evaluate the use of breast milk substitutes and demonstrate knowledge of the WHO code for the marketing of breast milk substitutes.
5. Utilise the socioecological approach to undertake a holistic assessment of nutritional needs of the family.
6. In partnership with parents, apply knowledge of child development to support healthy eating patterns and nutritional requirements in infancy and early childhood.
7. Demonstrate highly developed skills as a self-reliant learner and effectively work in groups and teams.

## Subject Content

1. Module 1: Socio-cultural context of infant and child nutrition and feeding
  - The social cultural and political and economic Factors that influence breastfeeding and feeding young children and families
  - women's experiences of breastfeeding and infant feeding decisions
  - Nutritional needs of pregnant women and women who are lactating
2. Module 2: Breastfeeding and infant feeding decisions
  - Anatomy of The

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Essay	1,750 words	40	N	Individual	N
Viva Voce	approx. 500 words	20	N	Group	N
Participation	1,500 words	40	N	Individual	N
Professional Task	20 hours	S/U	Y	Individual	Y

## Prescribed Texts

- Brodribb, W., & the Australian Breastfeeding Association. (2019). Breastfeeding management in Australia (5th ed.). Australian Breastfeeding Association.