

# NURS 7009 CHILD AND FAMILY HEALTH PRACTICE: SUPPORTING GROWTH AND DEVELOPMENT

**Credit Points** 10

**Legacy Code** 400972

**Coordinator** Christine Taylor ([https://directory.westernsydney.edu.au/search/name/Christine Taylor/](https://directory.westernsydney.edu.au/search/name/Christine%20Taylor/))

**Description** This unit provides the student with knowledge of the theories of child development and the foundational knowledge and skills to be applied in the screening, surveillance and promotion of health and well-being of young children and families. This includes current immunisation schedules and use of evidence-based developmental screening tools. Content will focus on the normal physical, social and emotional growth and development of young children (0-5 years). The importance of the early years in brain development including infant-parent attachment will be linked to an exploration of child behaviour, sleep and settling, play and safety issues. The child and family health nurses' role in supporting families experiencing infant sleep and settling difficulties and behaviour problems will be addressed. The knowledge gained in this unit will be consolidated through virtual clinical placement.

**School** Nursing & Midwifery

**Student Contribution Band** HECS Band 1 10cp

**Level** Postgraduate Coursework Level 7 subject

**Equivalent Subjects** LGYA 7112 - Childhood in Child and Family Health Nursing LGYA 7748 - Child and Family Health Nursing Supporting Child Growth and Development

## Restrictions

Students must be enrolled in 4713 Master of Child and Family Health (Karitane), 4714 Graduate Diploma in Child and Family Health (Karitane) or 4715 Graduate Certificate in Child and Family Health (Karitane).

## Assumed Knowledge

Students require basic knowledge of infant and child health at an undergraduate level, augmented with clinical experience as a general Registered Nurse or Registered Midwife.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Critically analyse and incorporate the theories of child development (physical, cognitive social and emotional), and maternal-infant and parental-infant attachment, as applied to child and family health practice.
2. Apply age appropriate developmental tools to undertake a complete physical assessment of any child aged 0 to 5 years using evidence-based developmental screening tools and interpret the outcomes of the physical assessment using clinical judgement based of child development and range of expected 'norms'.
3. Utilise evidence-based developmental screening tools to support clinical decision making and practice in relation to common well child concerns for parents.

4. Critically discuss the interaction of child, family and community factors that influence child development (physical, cognitive social and emotional), including the importance of play to global child development.
5. Analyse and synthesise contemporary issues related to the need for immunisation and apply the current immunisation protocol in practice.
6. Consider and relate knowledge to the provision of a safe environment for children others and staff.
7. Synthesise current evidence to develop flexible individualised clinical management plans based on best practice principles to meet the unique needs of each family.
8. Apply communication and other technologies effectively in personal and professional learning.
9. Prioritise and select appropriate skills as a self-reliant learner to effectively work in groups and teams.

## Subject Content

Module 1: Child Growth and development

- Pregnancy - foetal growth and development
- social and emotional development
- language and communication
- cognitive development
- Gross motor development
- foundational theories and principles of child development. including infant-parent attachment
- The Importance of play in child development

Module 2: Assessment and screening for growth and development

- appropriate tools for child growth and development assessment
- clinical skills for child growth and development assessment
- clinical knowledge and skills to support families experiencing infant/child sleep and settling difficulties
- common well child concerns for parents
- childhood behaviour
- childhood Immunisation as A protective health measure

## Special Requirements

Legislative pre-requisites

### Special Requirements - NSW Health Legislative Prerequisites

#### Student Compliance Information for all Health-Related Placements

**Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.**

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://issuu.com/uwspublications/docs/wsu\\_student\\_compliance\\_booklet\\_2020\\_v6/](https://issuu.com/uwspublications/docs/wsu_student_compliance_booklet_2020_v6/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Essay	1,750 words	40	N	Individual
Reflection	10 minute video recording	20	N	Group
Case studies	1,500 words	40	N	Individual
Virtual Clinical Placement	20 hours	S/U	Y	Individual

Prescribed Texts

- Hockenberry, M. & Wilson, D. (2011). Wong's nursing care of infants and children (9th ed.). St. Louis: Mosby Elsevier
- Sheridan, M. (2008). From Birth to five years: Children's developmental progress. London: Routledge

Teaching Periods

## 2022 Semester 1

### Online

#### Online

**Subject Contact** Christine Taylor ([https://directory.westernsydney.edu.au/search/name/Christine Taylor/](https://directory.westernsydney.edu.au/search/name/Christine%20Taylor/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS7009\\_22-AUT\\_ON\\_0#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS7009_22-AUT_ON_0#subjects))