

NURS 1025 PERSON-CENTRED CARE ACROSS THE LIFESPAN

Credit Points 10

Coordinator Rebecca O'Reilly ([https://directory.westernsydney.edu.au/search/name/Rebecca O'Reilly/](https://directory.westernsydney.edu.au/search/name/Rebecca%20Reilly/))

Description This unit introduces the concept of person-centred care as an approach that is respectful of, and responsive to, the preferences, needs and values of individual people throughout the lifespan. Students develop an understanding of human relationships and life transitions, including concepts that inform nursing and midwifery practice. The unit explores frameworks that support an understanding of the psychological, social, cognitive and moral components of human development including mental health and care of the older person.

School Nursing & Midwifery

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 1 subject

Equivalent Subjects NURS 1006 - Human Relationships and Life Transitions

Restrictions 4691 Bachelor of Nursing, 4780 Bachelor of Nursing ? WSU Online or 4684 Bachelor of Midwifery studies

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain theoretical concepts of human development related to person centred care
2. Describe the principles of person-centred care with reference to respect, emotional support, physical comfort, care coordination, and access to care
3. Explain how person-centred care impacts patient safety and wellbeing
4. Explain how to provide holistic person-centred care that considers the person's diversity, previous experiences, and life history
5. Identify regional, national, and global health priorities, including mental health and care of the older person, to inform evidence-based practice
6. Recognise that people are the experts in the experience of their life, and in partnership with the person include them in decisions and plans related to their healthcare

Subject Content

- a) Theories of human development and nursing related to person centred care with reference to social, psychological, cognitive, and moral phenomenon across the lifespan
- b) Overview of the spectrum of physical and mental health people experience through the lifespan, and its potential to impact self-concept, self-identity, and self-esteem
- c) Descriptions of person-centred care attitudes and values, including, respect, emotional support, physical comfort, information and communication, continuity and transition, care coordination, involvement of carers and family, and access to care

- d) Application of dimensions of person-centred care to age related developmental phases
- e) Infancy and childhood with introduction to attachment theory and the parent relationship
- f) Adolescence and young adulthood, with reference to normative and non-normative conceptualisations including introduction to social disability theory and recovery oriented approaches to physical and mental healthcare
- g) Middle age adulthood, with specific consideration of social and political identity, menopause, mental health and male suicide
- h) Older age adulthood, including consideration of the role of grandparents, the impact of ageism and nurses and midwives role addressing elder abuse
- i) The importance of respecting and treasuring cultural difference with particular reference to Aboriginal and Torres Strait Islander people, including introduction of concepts of acculturation, culture shock and acculturative stress
- j) Reflection on the role of stigma, stereotypes and trauma in healthcare with particular reference to trauma informed approaches to physical and mental healthcare
- k) Introduction to searching, using and critiquing international literature to explore key concepts in healthcare

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Quiz	30 minutes each x 3	30	N	Individual
Presentation	1,000 words	30	N	Individual
Case Study	1,500 words	40	N	Individual

Teaching Periods

2022 Semester 2

Campbelltown

Day

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View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS1025_22-SPR_CA_D#subjects)

Hawkesbury

Day

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Liverpool

Day

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Parramatta - Victoria Rd

Day

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2022 Trimester 3

Wsu Online

Online

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