

CMPL 7023 TRADITIONAL CHINESE MEDICINE PRACTICE 3 (PG)

Credit Points 10

Legacy Code 400920

Coordinator Xiaoshu Zhu ([https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/](https://directory.westernsydney.edu.au/search/name/Xiaoshu%20Zhu/))

Description This unit represents a continuation of the clinical practicum and development of clinical skills. Students will also be able to apply their knowledge of professional theory, practice, research and evaluation skills to the investigation of Traditional Chinese Medicine (TCM) problems. Students will be expected to demonstrate competence in handling patients in a clinical context, synthesise knowledge from their studies of specialities in TCM and critically examine the practical aspects of acupuncture and Chinese herbal medicine research. Students will also learn basic knowledge of health preservation and enhancement including lifestyle, diet and physical exercise.

School Health Sciences

Student Contribution Band HECS Band 2 10cp

Level Postgraduate Coursework Level 7 subject

Incompatible Subjects LGYA 7249 - Traditional Chinese Medicine Practice (Research Project)

Assumed Knowledge

It is assumed the students will have a thorough knowledge of TCM theory, acupuncture and Chinese herbal medicine as a foundation for this subject.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Competently manage patients in a clinical context;
2. Apply concepts and skills covered so far in Chinese Internal Medicine 1 and Specialities in TCM 1 in a clinical context;
3. Critically examine practical aspects of acupuncture and Chinese herbal medicine research;
4. Practice preserving and enhancing health and wellbeing by implementing knowledge and skills in prescribing lifestyle, diet and physical exercise modifications.

Subject Content

1. All aspects of clinical management and practice appropriate to the private practice of TCM in Australia:
 - appointment taking
 - case history taking and evaluation
 - Diagnosis, treatment Principle and prescriptions
 - patient management and liaison
 - treatment ? acupuncture, Chinese herbs, moxa and cupping
 - account management
 - intra/inter-professional referrals
2. Satisfactory competence in all skills related to acupuncture and Chinese herbal practice, including diagnosis, formation of treatment plans, performance of interventions and follow-up

3. Synthesis of practical aspects of acupuncture and Chinese herbal medicine research, including critical review and analysis of clinical trials and relevant experimental research

4. Health Preservation and Enhancement

- health preservation
- methods of health preservation
- Cultivation of mind
- dietary regulation
- Balance between work & rest
- physical Exercise
- Chinese medicine dietary therapy
- Dietetic treatment for common disorders
- Dietetic materials
- Cereals
- Fruit
- vegetables
- Nuts
- Condiments
- Meats
- Fish
- commonly used herbs

Special Requirements

Legislative pre-requisites

First Aid Certificate.

Teaching Periods