

# CMPL 7008 CLINICAL APPLICATIONS OF CLASSICAL ACUPUNCTURE

**Credit Points** 10

**Legacy Code** 401131

**Coordinator** Julia Xiao ([https://directory.westernsydney.edu.au/search/name/Julia Xiao/](https://directory.westernsydney.edu.au/search/name/Julia%20Xiao/))

**Description** This subject presents the origin, development and features of classical acupuncture and reveals the clinical outcomes based on the latest clinical observation and research. This subject will appeal to practitioners seeking to extend and deepen their knowledge and clinical skills with traditional acupuncture and to practitioners embarking on research in this area. Ancient acupuncture theories and techniques will be taught with a focus on their application to contemporary practice based on latest research and on the different theoretical approaches in the design of acupuncture point prescriptions.

**School** Health Sciences

**Discipline** Acupuncture

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 7 subject

**Equivalent Subjects** CMPL 7001 - Advanced Acupuncture

## Restrictions

Students must be enrolled in 4716 Master of Chinese Medicine.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Critically analyse the development of acupuncture practice as documented in TCM classical texts
2. Discuss the uses and relative efficacy of different TCM theories used to guide acupuncture practice
3. Analyse the use of different ancient points compared with common points in the treatment of various diseases
4. Demonstrate ancient acupuncture techniques including qi flow methods, Yang Ji Zhou (12 techniques), 青龍擺尾 (green dragon wags its tail)

## Subject Content

1. Examination of source texts for acupuncture theories and techniques
2. Advanced/ancient acupuncture techniques and their uses, such as Qi flow methods, Green dragon wags its tail, Scarlet phoenix meets the source, Green turtle searches for the point, White tiger shakes its head, Yang Ji Zhou (12 techniques)
3. Channel and point palpation techniques
4. Timing in acupuncture 子午流注
5. Application of eight extraordinary vessels
6. Application of Luo, divergent and sinew channels
7. Application of the 5 transport/shu points
8. Strategies in designing acupuncture prescriptions

9. The connection of current acupuncture theories and techniques to classical theories

10. The developing evidence base for traditional theories and techniques

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Practical Exam	20 minutes each workshop	20	N	Individual	Y
Case Study	2,500 words	35	N	Individual	Y
Essay	2,500 words	35	N	Individual	Y
Peer Review	Minimum of 6 online posts with substantial content to fellow students in relation to online discussion topics	10	N	Individual	Y

Teaching Periods

## Autumn (2025)

### Campbelltown

#### On-site

**Subject Contact** Shengxi (George) Zhang ([https://directory.westernsydney.edu.au/search/name/Shengxi \(George\) Zhang/](https://directory.westernsydney.edu.au/search/name/Shengxi%20Zhang/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=CMPL7008\\_25-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=CMPL7008_25-AUT_CA_1#subjects))