

CMPL 4005 SPECIALITIES IN TRADITIONAL CHINESE MEDICINE 1

Credit Points 10

Legacy Code 401099

Coordinator Julia Xiao ([https://directory.westernsydney.edu.au/search/name/Julia Xiao/](https://directory.westernsydney.edu.au/search/name/Julia%20Xiao/))

Description This subject provides learning experiences that enable the health professional to analyse, diagnose and treat common gynaecological diseases and musculoskeletal conditions using a Traditional Chinese Medicine (TCM) approach with acupuncture and Chinese herbal medicine. Students will develop a good understanding of the causes and pathophysiological mechanisms of common gynaecological diseases and musculoskeletal conditions.

School Health Sciences

Discipline Traditional Chinese Medicine

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 4 subject

Pre-requisite(s) CMPL 2006 AND CMPL 3001 AND CMPL 3002

Incompatible Subjects CMPL 7021 - Specialities in Traditional Chinese Medicine Practice 1 (PG) LGYA 7248 - Specialities in Traditional Chinese Medicine 1

Restrictions

Students must be enrolled in 4710 - Bachelor of Traditional Chinese Medicine

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain the unique features of women's physiology and pathology in relation to the pathogenesis and diagnosis of gynaecological diseases.
2. Explain the causes and patho

Subject Content

1. Introduction to Orthopaedics (including Traumatology & Rheumatology)

- physical Examination
 - principles of treatment and therapies
 - methods of management
2. Injury of muscle, tendon and bone
- Stiff Neck/Cervical soft tissue sprain
 - Cervical spondylopathy
 - scapulohumeral periarthritis
 - carpal tunnel syndrome
 - Acute lumbar muscle sprain
 - prolapse of lumbar intervertebral disc
 - Sciatica
 - post surgical management, scar treatment

3. Sport medicine

- injury treatment and management (injuries to ligaments, tendons, muscle and bone ? knee, elbow, shoulder, wrist, thigh, calf, ankle, Neck, low back)

- performance enhancement

4. Introduction to gynaecology

- special features of women's physiology (TCM & WM)

- aetiology, Diagnosis and therapeutic methods

- A synopsis of gynaecological pathology

5. Disorders of menstruation

- early menstruation

- delayed menstruation

- irregular menstruation

- amenorrhoea

- abnormal Functional uterine bleeding

- premenstrual syndrome

- menopausal syndrome

6. Disorders of the female genitalia

- abno

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Case Study	1,500 words	25	N	Individual	Y
Essay	1,500 words	25	N	Individual	Y
Viva Voce	10 minutes	10	N	Individual	Y
Final Exam	2 hours	40	N	Individual	Y

Teaching Periods

Autumn (2025)

Campbelltown

On-site

Subject Contact Xiaoshu Zhu ([https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/](https://directory.westernsydney.edu.au/search/name/Xiaoshu%20Zhu/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=CMPL4005_25-AUT_CA_1#subjects)