

# CMPL 4002 CHINESE INTERNAL MEDICINE 1

**Credit Points** 10

**Legacy Code** 401098

**Coordinator** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

**Description** The study of internal medicine forms the basis of clinical practice in Traditional Chinese Medicine (TCM). This subject begins to bridge the gap between theory and practice. It enables the health professional to analyse, diagnose and treat common internal diseases with both acupuncture and herbal medicine and using a TCM approach. The focus of this subject is on the analysis of major presenting symptoms.

**School** Health Sciences

**Discipline** Traditional Chinese Medicine

**Student Contribution Band** HECS Band 2 10cp

Check your fees via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 4 subject

**Pre-requisite(s)** CMPL 2006 AND  
CMPL 3001 AND  
CMPL 3002

**Incompatible Subjects** 400918 - Chinese Internal Medicine 1 (PG) LGYA 7251 - Chinese Internal Medicine 1

## Restrictions

Students must be enrolled in program 4710 - Bachelor of Traditional Chinese Medicine.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Analyse and explain the connections between the causes and pathophysiological mechanisms of common internal diseases with their clinical manifestations.
2. Employ the skills of inspection, auscultation and olfaction, interrogation and palpation in to accurately diagnose specific internal diseases.
3. Analyse the signs and symptoms of common internal medicine diseases to arrive at a TCM differential diagnosis.
4. Design treatment principles and write prescriptions (acupuncture and herbs) for common diseases of internal medicine.
5. Practice protocols in TCM compared to orthodox management.

## Subject Content

1. Diseases and syndromes of the Lung system (TCM)
  - common Cold & influenza
  - Cough (bronchitis, bronchiectasis)
  - Dyspnea syndrome (asthmatic bronchitis, asthmatic emphysema)
  - Lung abscess (pneumonia, pulmonary abscess)
  - Lung atony (pulmonary fibrosis, atelectasis)
2. Diseases and syndromes of Spleen system (TCM)
  - Hiccup (some diseases with phrenospasm)
  - Vomiting (gastritis, pylorospasm)

- Dysphagia (esophagitis, cardiospasm)
  - Stomach-ache (gastritis, peptic ulcer)
  - Abdominal pain (intestinal spasm, dyspepsia)
  - Diarrhoea (enteritis, irritable bowel syndrome)
  - Dysenteric disease (dysentery, ulcerative Colitis)
  - Constipation (some diseases with Constipation)
3. Diseases and syndromes of Heart system (TCM)
    - chest Blockage syndrome (coronary heart disease, myocarditis)
    - Palpitation (arrhythmia, cardiac decompensation)
    - Insomnia (neurosis, anaemia, cerebral arteriosclerosis)
    - Manic psychosis (active phase of schizophrenia, Manic phase of bipolar Disorder)
    - Depressive psychosis (Depressive phase of schizophrenia, Depressive phase of bipolar Disorder)
    - Depression syndrome (neurosis, major Depression)
    - Epilepsy
    - Syncope (fainting Due to emotional stress, vagal stimulation, A sudden change in environmental temperature or body position)
  4. Review of acupuncture points, prescriptions, individual herbs and formulas relevant to the above topics.

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Final Exam	2 hours	40	N	Individual	Y
Case Study	2,000 words	30	N	Individual	Y
Viva Voce	15 minutes	30	N	Individual	Y

Teaching Periods

## Autumn (2025)

### Campbelltown

#### On-site

**Subject Contact** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=CMPL4002\\_25-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=CMPL4002_25-AUT_CA_1#subjects))