

CMPL 3002 CHINESE MEDICINAL FORMULAS

Credit Points 10

Legacy Code 400878

Coordinator Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

Description Herbal medicine is the principal therapeutic intervention in Traditional Chinese Medicine (TCM). This subject follows from Chinese Materia Medica 1 & 2, and begins the study of major Chinese herbal formulas, which form the basis for clinical prescribing in Chinese herbal medicine. The focus of this subject is to compare and contrast the main formulas in specified categories, and to analyse the specific actions of the herbs that make up the formula. Students will be required to formulate, assemble and prepare complex prescriptions. This subject expands upon the student's knowledge of the Chinese Materia Medica, as well as the understanding of TCM theory and practice principles.

School Health Sciences

Discipline Traditional Chinese Medicine

Student Contribution Band HECS Band 2 10cp

Check your fees via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) CMPL 2006 AND CMPL 2005

Equivalent Subjects LGYA 7240 - Chinese Herbal Medicine 3

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Evaluate the construction of Chinese herbal formulas;
2. Articulate herb interactions and apply this knowledge in the construction of formulas;
3. Compare and contrast the main formulas in the categories covered, including the herbs that make up the formula, their action and indications for usage of the formula;
4. Formulate and modify herbal prescriptions to suit individual clinical presentations.

Subject Content

1. Introduction to Chinese herbal formulas
 - therapeutic methods and herbal formulas
 - composition of herbal formula
 - action to take in The event of An unexpected reaction
2. Major herbal formulas
 - exterior dispersing formulas
 - heat clearing formulas
 - Laxative and purgative formulas
 - Dryness dispelling formulas
 - Wind eliminating formulas
 - dampness dispelling formulas
 - phlegm dispelling formulas
 - food stagnation reducing formulas
 - Qi regulating formulas
 - blood regulating formulas
 - Tonifying formulas

- interior warming formulas
- Astringent formulas
- shen calming formulas
- Harmonizing formulas

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task	Mandatory
Presentation	5 mins	15	N	Individual	Y
Case Study	1,500 words	25	N	Individual	Y
Final Exam	2 hours	60	N	Individual	Y

Prescribed Texts

- Scheid, V., Bensky, D., Barolet, R. & Ellis, A. (2009). Chinese Herbal Medicine: Formulas and Strategies (Second Edition). Seattle: Eastland Press.

Teaching Periods

Autumn (2025)

Campbelltown

On-site

Subject Contact Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=CMPL3002_25-AUT_CA_1#subjects)