

# BEHV 2017 MENTAL HEALTH IN THE COMMUNITY (UG CERT)

**Credit Points** 10

**Legacy Code** 500044

**Coordinator** Jack Isherwood ([https://directory.westernsydney.edu.au/search/name/Jack Isherwood/](https://directory.westernsydney.edu.au/search/name/Jack%20Isherwood/))

**Description** Mental health service delivery in the community is now the main form of care for people across the lifespan living with mental and emotional disorders. The development of a wider range of pharmacological, psychological and psychosocial treatments has enabled many people to live productively in the community. This unit explores the changes in policy and practice in the development of integrated mental health care and the impact of these changes on the lives of people living with mental illness and their communities. Early intervention, resilience and recovery are concepts explored in this unit in terms of mental health and wellbeing.

**School** Social Sciences

**Discipline** Behavioural Science

**Student Contribution Band** HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** BEHV 2008 - Mental Health in the Community  
BEHV 2015 - Mental Health in the Community (WSTC)

**Restrictions** Students must be enrolled in program 7170 - Undergraduate Certificate in Mental Health and Counselling.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify the theories and discourses underlying contemporary mental health care and treatment.
2. Understand major mental health disorders and identify a range of interventions and management approaches.
3. Critically describe the significant policy changes and implications for mental health service delivery.
4. Recognise the presentation of mental illness and emotional disorders in clients in community settings.

## Subject Content

Mental health: contemporary theory, policy and practice issues.  
Mental health literacy - understanding the diagnostic framework; signs and symptoms of mental illness.  
Indigenous social and emotional wellbeing.  
Cultural understandings of mental health and illness.  
Navigating the mental health system.  
The lived experience of mental illness.  
Interventions in mental health and illness.  
Advocacy and systemic change in mental health.

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Portfolio	1,200 words	40	N	Individual
Quiz	3 x 20 minutes	20	N	Individual
Case Study	1,200 Words	40	N	Individual

Teaching Periods

## Block B Session

**Online**

**Online**

**Subject Contact** Jack Isherwood ([https://directory.westernsydney.edu.au/search/name/Jack Isherwood/](https://directory.westernsydney.edu.au/search/name/Jack%20Isherwood/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=BEHV2017\\_22-BB\\_ON\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=BEHV2017_22-BB_ON_O#subjects))

## Block D Session

**Online**

**Online**

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## Block F Session

**Online**

**Online**

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