

# RECREATIONAL THERAPY, TESTAMUR MAJOR (T110)

Western Sydney University Major Code: T110

Previous Code: MT4004.1

Available to students in other Western Sydney University programs?  
No

Recreational Therapy links leisure and health improvement. Recreational Therapy graduates work with patients to use leisure activities to improve health and life quality, for example in rehabilitation centres, psychiatric units, special schools, day care centres, aged care facilities, and in a range of local government or community services settings. The major combines theory and practice in learning, education programming, aged care, disability and mental health, with a comprehensive foundation of the health sciences. Students will develop the professional competencies important for ethical and safe practice and high-quality care, and the skills to work in multidisciplinary teams. Evidence-based practice is one of the most important trends in healthcare today and is a strong feature of the major. The recreational therapy program is offered on campus or fully online. Students may combine this testamur major in recreational therapy with a minor in health promotion, therapeutic modalities, psychology or exercise and physical activity, or the option to choose up to 40cp of electives based on the student's interest. This flexibility will help diversify the knowledge-base and skillset of students. The course includes 160 hours of compulsory practical placement in second year and a third-year internship of 560 hours - meeting the practice placement requirement for eligibility as a Certified Recreation Therapist with the National Council of Therapeutic Recreation Certification (NCTRC).

## Location

Campus	Mode	Advice
Campbelltown Campus	Internal	HealthSciences@westernsydney.edu.au
	Online	HealthSciences@westernsydney.edu.au
Sydney City Campus*	Internal	Dr Andrey Zheluk (https://directory.westernsydney.edu.au/search/email/a.zheluk@city.westernsydney.edu.au)
		<b>Credit Points</b>
		<b>Total Credit Points</b>

\* Curriculum delivered through an agreement with another party

## Recommended Sequence 2022 Bachelor of Health Science (Recreational Therapy) Full-time start-year intake

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
HLTH 1013	Professional Competencies in Health	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
COMM 1007	Communication in Health	10

HLTH 1012	Evidence in Health	10
BIOS 1036	Human Development and Disease across the lifespan	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Autumn session</b>		
REHA 2015	Recreational Therapy Process and Planning	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
HLTH 1006	Movement and Skill Development	10
BEHV 1014	Psychology and Health	10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 3044	Shaping the Future of Recreational Therapy	10
BEHV 3002	Abnormal Psychology	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
		<b>Total Credit Points</b>
		<b>240</b>

## Bachelor of Health Science (Recreational Therapy) Full-time mid-year intake

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
HLTH 1013	Professional Competencies in Health	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>

**Year 2****Spring session**

BEHV 1014	Psychology and Health	10
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
BIOS 1036	Human Development and Disease across the lifespan	10

<b>Credit Points</b>	<b>40</b>
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**Autumn session**

PUBH 2005	Culture, Diversity and Health	10
REHA 2015	Recreational Therapy Process and Planning	10

Select two electives	20
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<b>Credit Points</b>	<b>40</b>
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**Year 3****Spring session**

HLTH 1006	Movement and Skill Development	10
BEHV 3002	Abnormal Psychology	10
REHA 3044	Shaping the Future of Recreational Therapy	10
REHA 3043	Recreational Therapy Internship	10

<b>Credit Points</b>	<b>40</b>
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**Autumn session**

REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10

Select one elective	10
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<b>Credit Points</b>	<b>40</b>
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<b>Total Credit Points</b>	<b>240</b>
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**Diploma in Health Science/Bachelor of Health Science.****Full-time start-year intake**

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 1</b>		
PUBH 1007	Population Health and Society (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10
<b>Term 2</b>		
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>

**Year 2****Autumn session**

REHA 1007	Foundations of Recreational Therapy	10
Select three electives		30

<b>Credit Points</b>	<b>40</b>
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**Spring session**

REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
HLTH 1006	Movement and Skill Development	10
REHA 1008	Introduction to Leisure and Recreation Theory	10

<b>Credit Points</b>	<b>40</b>
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**Year 3****Autumn session**

REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10
REHA 2015	Recreational Therapy Process and Planning	10

<b>Credit Points</b>	<b>40</b>
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**Spring session**

REHA 3044	Shaping the Future of Recreational Therapy	10
BEHV 3002	Abnormal Psychology	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10

<b>Credit Points</b>	<b>40</b>
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<b>Total Credit Points</b>	<b>260</b>
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**Diploma in Health Science/Bachelor of Health Science.****Full-time mid-year intake**

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 2</b>		
HLTH 1015	Professional Competencies in Health (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
PUBH 1007	Population Health and Society (WSTC)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Term 1</b>		
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>

**Year 2****Spring session**

REHA 1008	Introduction to Leisure and Recreation Theory	10
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Select two electives		20
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HLTH 1006	Movement and Skill Development	10
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<b>Credit Points</b>		<b>40</b>
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**Autumn session**

REHA 1007	Foundations of Recreational Therapy	10
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Select three electives		30
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<b>Credit Points</b>		<b>40</b>
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**Year 3****Spring session**

REHA 2014	Recreational Therapy Assessment	10
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REHA 3041	Facilitation in Recreational Therapy	10
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REHA 3044	Shaping the Future of Recreational Therapy	10
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REHA 3043	Recreational Therapy Internship	10
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<b>Credit Points</b>		<b>40</b>
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**Summer session**

BEHV 3002	Abnormal Psychology	10
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<b>Credit Points</b>		<b>10</b>
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**Autumn session**

REHA 3042	Health Practice Management	10
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PUBH 3028	Transforming Health	10
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REHA 2015	Recreational Therapy Process and Planning	10
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Enrol again in:		
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REHA 3043	Recreational Therapy Internship	10
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<b>Credit Points</b>		<b>40</b>
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<b>Total Credit Points</b>		<b>270</b>
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**Electives**

Most electives are 10 credit points. Students may wish to consider using elective choices to complete another health sciences field of study, such as:

**Minors**

Health Promotion, Minor (<https://hbook.westernsydney.edu.au/majors-minors/health-promotion-minor/>)

Health Practice Management, Minor (<https://hbook.westernsydney.edu.au/majors-minors/health-practice-management-minor/>)

Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

Sport Development, Minor (<https://hbook.westernsydney.edu.au/majors-minors/sport-development-minor/>)

**Note**

Students enrolled in this Testamur Major are encouraged to use their elective choices to complete the complementary Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

**Recommended Sequence 2023****Bachelor of Health Science (Recreational Therapy)  
Full-time start-year intake**

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
HLTH 1013	Professional Competencies in Health	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
BIOS 1036	Human Development and Disease across the lifespan	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Autumn session</b>		
REHA 2015	Recreational Therapy Process and Planning	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
BEHV 1014	Psychology and Health	10
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 3044	Shaping the Future of Recreational Therapy	10
BEHV 3002	Abnormal Psychology	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>240</b>

**Bachelor of Health Science (Recreational Therapy)  
Full-time mid-year intake**

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
HLTH 1013	Professional Competencies in Health	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Spring session</b>		
BEHV 1014	Psychology and Health	10
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
BIOS 1036	Human Development and Disease across the lifespan	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 2005	Culture, Diversity and Health	10
REHA 2015	Recreational Therapy Process and Planning	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
BEHV 3002	Abnormal Psychology	10
REHA 3044	Shaping the Future of Recreational Therapy	10
REHA 3043	Recreational Therapy Internship	10
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>240</b>

## Diploma in Health Science/Bachelor of Health Science.

### Full-time start-year intake

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 1</b>		
PUBH 1007	Population Health and Society (WSTC)	10

HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10
<b>Term 2</b>		
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>

<b>Year 2</b>		
<b>Autumn session</b>		
REHA 1007	Foundations of Recreational Therapy	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>

<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>

<b>Year 3</b>		
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3043	Recreational Therapy Internship	10
REHA 2015	Recreational Therapy Process and Planning	10
<b>Credit Points</b>		<b>40</b>

<b>Spring session</b>		
REHA 3044	Shaping the Future of Recreational Therapy	10
BEHV 3002	Abnormal Psychology	10
REHA 3043	Recreational Therapy Internship	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>260</b>

## Diploma in Health Science/Bachelor of Health Science.

### Full-time mid-year intake

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 2</b>		
HLTH 1015	Professional Competencies in Health (WSTC)	10

HLTH 0005	The Health Science Professional (WSTC Prep)	10
PUBH 1007	Population Health and Society (WSTC)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Term 1</b>		
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>
<b>Year 2</b>		
<b>Spring session</b>		
REHA 1008	Introduction to Leisure and Recreation Theory	10
Select two electives		20
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
REHA 1007	Foundations of Recreational Therapy	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
REHA 3044	Shaping the Future of Recreational Therapy	10
REHA 3043	Recreational Therapy Internship	10
<b>Credit Points</b>		<b>40</b>
<b>Summer session</b>		
BEHV 3002	Abnormal Psychology	10
<b>Credit Points</b>		<b>10</b>
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 2015	Recreational Therapy Process and Planning	10
Enrol again in:		
REHA 3043	Recreational Therapy Internship	10
<b>Credit Points</b>		<b>40</b>
<b>Total Credit Points</b>		<b>270</b>

## Electives

Most electives are 10 credit points. Students may wish to consider using elective choices to complete another health sciences field of study, such as:

### Minors

Health Promotion, Minor (<https://hbook.westernsydney.edu.au/majors-minors/health-promotion-minor/>)

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Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

Sport Development, Minor (<https://hbook.westernsydney.edu.au/majors-minors/sport-development-minor/>)

### Note

Students enrolled in this Testamur Major are encouraged to use their elective choices to complete the complementary Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

## Recommended Sequence 2024 Bachelor of Health Science (Recreational Therapy) Full-time start-year intake

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
HLTH 1013	Professional Competencies in Health	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
BIOS 1036	Human Development and Disease across the lifespan	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Autumn session</b>		
REHA 2015	Recreational Therapy Process and Planning	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
BEHV 1014	Psychology and Health	10
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3044	Shaping the Future of Recreational Therapy	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>

**2H session**

REHA 3043	Recreational Therapy Internship	20
<b>Credit Points</b>		<b>20</b>

**Spring session**

BEHV 3002	Abnormal Psychology	10
Select one elective		10
<b>Credit Points</b>		<b>20</b>

**Total Credit Points** **240**

## Bachelor of Health Science (Recreational Therapy) Full-time mid-year intake

Students must complete 240 credit points as follows:

Course	Title	Credit Points
<b>Year 1</b>		
<b>Spring session</b>		
COMM 1007	Communication in Health	10
HLTH 1012	Evidence in Health	10
HLTH 1013	Professional Competencies in Health	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 1006	Population Health and Society	10
BIOS 1035	Anatomy and Physiology in Health	10
REHA 1007	Foundations of Recreational Therapy	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>
<b>Year 2</b>		
<b>Spring session</b>		
BEHV 1014	Psychology and Health	10
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
BIOS 1036	Human Development and Disease across the lifespan	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
PUBH 2005	Culture, Diversity and Health	10
REHA 2015	Recreational Therapy Process and Planning	10
Select two electives		20
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
HLTH 1006	Movement and Skill Development	10
BEHV 3002	Abnormal Psychology	10
<b>Credit Points</b>		<b>20</b>
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 3044	Shaping the Future of Recreational Therapy	10
Select one elective		10
<b>Credit Points</b>		<b>40</b>

**2H session**

REHA 3043	Recreational Therapy Internship	20
<b>Credit Points</b>		<b>20</b>
<b>Total Credit Points</b>		<b>240</b>

## Diploma in Health Science/Bachelor of Health Science.

### Full-time start-year intake

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 1</b>		
PUBH 1007	Population Health and Society (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10
<b>Term 2</b>		
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>
<b>Year 2</b>		
<b>Autumn session</b>		
REHA 1007	Foundations of Recreational Therapy	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
REHA 1008	Introduction to Leisure and Recreation Theory	10
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 2015	Recreational Therapy Process and Planning	10
REHA 3044	Shaping the Future of Recreational Therapy	10
<b>Credit Points</b>		<b>40</b>
<b>2H session</b>		
REHA 3043	Recreational Therapy Internship	20
<b>Credit Points</b>		<b>20</b>
<b>Spring session</b>		
BEHV 3002	Abnormal Psychology	10



Select one elective	10
<b>Credit Points</b>	<b>20</b>
<b>Total Credit Points</b>	<b>260</b>

## Diploma in Health Science/Bachelor of Health Science.

### Full-time mid-year intake

Students must complete the following subjects

Course	Title	Credit Points
<b>Year 1</b>		
<b>Term 2</b>		
HLTH 1015	Professional Competencies in Health (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
PUBH 1007	Population Health and Society (WSTC)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
<b>Term 3</b>		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
<b>Term 1</b>		
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
<b>Credit Points</b>		<b>100</b>
<b>Year 2</b>		
<b>Spring session</b>		
REHA 1008	Introduction to Leisure and Recreation Theory	10
Select two electives		20
HLTH 1006	Movement and Skill Development	10
<b>Credit Points</b>		<b>40</b>
<b>Autumn session</b>		
REHA 1007	Foundations of Recreational Therapy	10
Select three electives		30
<b>Credit Points</b>		<b>40</b>
<b>Year 3</b>		
<b>Spring session</b>		
REHA 2014	Recreational Therapy Assessment	10
REHA 3041	Facilitation in Recreational Therapy	10
<b>Credit Points</b>		<b>20</b>
<b>Summer session</b>		
BEHV 3002	Abnormal Psychology	10
<b>Credit Points</b>		<b>10</b>
<b>Autumn session</b>		
REHA 3042	Health Practice Management	10
PUBH 3028	Transforming Health	10
REHA 2015	Recreational Therapy Process and Planning	10
REHA 3044	Shaping the Future of Recreational Therapy	10
<b>Credit Points</b>		<b>40</b>

### 2H session

REHA 3043	Recreational Therapy Internship	20
<b>Credit Points</b>		<b>20</b>
<b>Total Credit Points</b>		<b>270</b>

### Electives

Most electives are 10 credit points. Students may wish to consider using elective choices to complete another health sciences field of study, such as:

#### Minors

Health Promotion, Minor (<https://hbook.westernsydney.edu.au/majors-minors/health-promotion-minor/>)

Health Practice Management, Minor (<https://hbook.westernsydney.edu.au/majors-minors/health-practice-management-minor/>)

Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

Sport Development, Minor (<https://hbook.westernsydney.edu.au/majors-minors/sport-development-minor/>)

#### Note

Students enrolled in this Testamur Major are encouraged to use their elective choices to complete the complementary Leisure for Diverse Groups, Minor (<https://hbook.westernsydney.edu.au/majors-minors/leisure-diverse-groups-minor/>)

### Related Programs

Bachelor of Health Science (4656) (<https://hbook.westernsydney.edu.au/programs/bachelor-health-science/>)

Diploma in Health Science/Bachelor of Health Science (6000) (<https://hbook.westernsydney.edu.au/programs/diploma-health-science-bachelor-health-science/>)