

HEALTH AND RECREATION, MINOR (0243)

Western Sydney University Minor Code: 0243

Previous Code: SM4004.1

Available to students in other Western Sydney University

Programs: Yes, however the following restrictions apply.

Health and Recreation Minor is a foundational study in recreational therapy for any student who meets its units' pre-requisite rules and is not enrolled in another recreational therapy field of study of the Bachelor of Health Science or Diploma in Health Science/Bachelor of Health Science. This Minor may be taken by students who undertake the Bachelor of Health Science testamur majors in Health Promotion, Clinical Sciences, Public Health, or Health Services Management, or another course of the University.

Special Requirements

Please Note: Enrolment in the subjects, REHA1007 (<https://hbook.westernsydney.edu.au/subject-details/reha1007/>) and REHA2015 (<https://hbook.westernsydney.edu.au/subject-details/reha2015/>) in this minor, require completion of NSW Health Mandatory requirements. Please see the subject handbook pages for further details.

Location

| Campus | Mode | Advice |
|---------------------|----------|--|
| Campbelltown Campus | Internal | Dr Caterina Tannous (https://directory.westernsydney.edu.au/search/email/c.tannous@westernsydney.edu.au) |
| | Online | Dr Caterina Tannous (https://directory.westernsydney.edu.au/search/email/c.tannous@westernsydney.edu.au) |
| Sydney City Campus* | Internal | Dr Andrey Zheluk (https://directory.westernsydney.edu.au/search/email/a.zheluk@city.westernsydney.edu.au) |

* Curriculum delivered through an agreement with another party

Minor Structure

Students must complete the following 40 credit points of subjects:

| Subject | Title | Credit Points |
|----------------------------|---|---------------|
| Autumn session | | |
| REHA 1007 | Foundations of Recreational Therapy | 10 |
| REHA 2015 | Recreational Therapy Process and Planning | 10 |
| Spring session | | |
| REHA 1008 | Introduction to Leisure and Recreation Theory | 10 |
| REHA 3041 | Facilitation in Recreational Therapy | 10 |
| Total Credit Points | | 40 |

Related Programs

Bachelor of Psychology (Honours) (1865) (<https://hbook.westernsydney.edu.au/programs/bachelor-psychology-honours/>)

Bachelor of Sport Development (4741) (<https://hbook.westernsydney.edu.au/programs/bachelor-sport-development/>)

Diploma in Health Science/Bachelor of Health Science (6000) (<https://hbook.westernsydney.edu.au/programs/diploma-health-science-bachelor-health-science/>)