REHA 3051 LEISURE EDUCATION PROGRAMMING AND MENTAL HEALTH (UG CERT)

Credit Points 10

Legacy Code 500062

Coordinator Maria Dent (https://directory.westernsydney.edu.au/search/name/Maria Dent/)

Description In this subject students will develop knowledge and skills required to facilitate and critically evaluate leisure education interventions to bring about changes in the leisure behaviour of individuals, particularly those at risk of developing or with a diagnosed mental illness. Students will analyse evidence to plan, implement and evaluate leisure education programs.

School Health Sciences

Discipline Rehabilitation Therapies, Not Elsewhere Classified.

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Equivalent Subjects REHA 3013 Leisure Education and Mental Health

Restrictions

Students must be enrolled in 7176 Disability Care Support

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify and evaluate models of leisure education and related concepts.
2. Analyse issues related to promoting health and well-being through leisure literacy and participation.
3. Create, implement and evaluate an evidence-informed leisure education program for clients with a mental illness.
4. Analyse, apply and evaluate educational techniques used in leisure education to promote wellbeing

Subject Content

1.Leisure education concepts
2.Leisure education in national and international contexts
3.Leisure education theory applied, in particular, to individuals with a mental illness
4.Designing, planning and delivering leisure education programs for individuals with a mental illness
5.Leisure ability model (not changed)
6.Lived experiences of consumers and families with a mental illness (not changed)

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Professional Task	600 words	20	N	Individual
Applied Project	1000 words	30	N	Individual
Reflection	1000 words	30	N	Individual
Presentation	6 minutes	20	N	Individual

Prescribed Texts

- Dattilo, J. (2015). Leisure education program planning (4th edition). State College, PA: Venture Publishing.

Teaching Periods

Block B Session (2022)
Online
Online
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View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3051_22-BB_ON_O#subjects)

Block D Session (2022)
Online
Online
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View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3051_22-BD_ON_O#subjects)

Block F Session (2022)
Online
Online
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