# REHA 3015 MUSCULOSKELETAL PHYSIOTHERAPY A

**Credit Points 10** 

Legacy Code 401199

**Coordinator** Amitabh Gupta (https://directory.westernsydney.edu.au/search/name/Amitabh Gupta/)

Description This subject builds on the knowledge and skills developed in the first two years of physiotherapy study. It focuses on client assessment and evidence-based management in musculoskeletal physiotherapy contexts. This will require strong communication skills, ethical and professional behaviour and an appreciation of interprofessional care. Professional competencies addressed in this subject include developing skills in musculoskeletal physiotherapy assessment, interpretation and prioritisation of findings along with the implementation and evaluation of appropriate treatment strategies.

School Health Sciences

**Discipline** Physiotherapy

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) REHA 2001 AND NATS 2008 AND HLTH 1010 AND BEHV 1014

Co-requisite(s) REHA 3009 AND REHA 3017 AND REHA 3003

Equivalent Subjects REHA 3026 - Orthopaedic Physiotherapy

#### Restrictions

Students must be enrolled in 4706 Bachelor of Physiotherapy and 4733 Bachelor of Physiotherapy (Hons).

## **Learning Outcomes**

On successful completion of this subject, students should be able to:

- 1. Display effective communication skills, ethics and professionalism
- 2. Conduct a subjective and objective assessment
- 3. Develop a prioritised problem list and treatment plan
- 4. Implement appropriate and effective management strategies, including electrophysical agents
- 5. Monitor, evaluate and progress treatments as indicated
- 6. Demonstrate safe work practices

### **Subject Content**

Within a musculoskeletal physiotherapy context the content will include development of:

- subjective and objective components of An assessment

- skills such as observation, palpation, joint range of Motion, muscle length, muscle strength, Balance, Coordination, Functional, neurological Examination and Radiological imaging
- The interpretation of findings, Prioritisation of client problems and development of A Problem list and treatment plan
- implementation of appropriate management techniques including education, Exercise, gait rehabilitation, manual therapy and electrophysical agents
- Monitoring, evaluation and Progression of treatments as appropriate including discharge
- Interprofessional communication, ethics and professionalism
- Safe work practices

### **Assessment**

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Туре	Length	Percent	Threshold	Individual/ Group Task
Practical Exam	20 minutes	40	Υ	Individual
Report	1 page	10	N	Individual
Intra-session Exam	2 hours	40	Υ	Individual
Practical Exam	20 minutes	10	Υ	Individual

**Teaching Periods** 

## 1st Half (2022)

#### Campbelltown

Day

Subject Contact Amitabh Gupta (https://directory.westernsydney.edu.au/search/name/Amitabh Gupta/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=REHA3015\_22-1H\_CA\_D#subjects)

# 1st Half (2023)

### Campbelltown

On-site

Subject Contact Amitabh Gupta (https://directory.westernsydney.edu.au/search/name/Amitabh Gupta/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=REHA3015\_23-1H\_CA\_1#subjects)