

# REHA 2006 PEOPLE, ENVIRONMENT AND OCCUPATIONS

**Credit Points** 10

**Legacy Code** 400908

**Coordinator** Nikki Tulliani ([https://directory.westernsydney.edu.au/search/name/Nikki Tulliani/](https://directory.westernsydney.edu.au/search/name/Nikki%20Tulliani/))

**Description** Analysing an individual's participation in meaningful occupations is an essential clinical reasoning process to be mastered by occupational therapists. Therapists must be able to analyse three factors to do so: the person's abilities; the demands of the occupation; and the impact of the environmental context on participation. This subject will facilitate the development of these skills so that students can maximise the person-environment-occupation fit to optimise participation for people with a variety of health challenges or disabilities.

**School** Health Sciences

**Discipline** Occupational Therapy

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Pre-requisite(s)** REHA 1001

**Co-requisite(s)** HLTH 1001 OR HLTH 1012

**Equivalent Subjects** LGYA 7691 - Functional Analysis

## Restrictions

Students must be enrolled in program 4711 Bachelor of Occupational Therapy or 4712 Bachelor of Occupational Therapy Honours) or 4663 - Bachelor of Health Science/Master of Occupational Therapy. This is a specialty subject offered as a compulsory core subject of the occupational therapy program. It is profession specific, preparing students to practice as an occupational therapist and not relevant as an elective for non-occupational therapy students.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Analyse an individual's physical, cognitive and psychological abilities for participation in daily occupations.
2. Analyse an individual's chosen occupations in terms of the physical, cognitive and psychological requirements of performance.
3. Analyse the sequential steps required to complete everyday occupations.
4. Grade occupations and their sequential steps in terms of their complexity.
5. Analyse the impact of the environmental context on occupations performed in everyday life.

6. Examine how the analysis of people, their occupations and environments builds a foundation for intervention planning in occupational therapy practice.

## Subject Content

1. Application of Person-Environment-Occupation models in occupational therapy practice
2. Methods and approaches to analysis and assessment in occupational therapy
3. Analysis of person factors:
  - Analysis of physical aspects of participation eg. biomechanical (muscle strength and range of motion); sensory-motor (co-ordination, motor planning, and balance)
  - Analysis of cognitive aspects of participation (memory, planning/sequencing, perception)
  - Analysis of psychological aspects of participation eg. intrapersonal (self-esteem, confidence, fearfulness, hopelessness, self-awareness); interpersonal (relationships with others)
4. Analysis of the demands of the occupation:
  - Analysing occupations into required Steps
  - physical, cognitive, and psychological requirements to Perform The occupation
5. Analysis of the environmental context:
  - how The environmental context impacts participation in occupations
  - social context of participation eg. perceptions of others, social support, social pressures
  - cultural context of participation eg. values, beliefs, customs
  - physical context of participation eg. lighting, access, surfaces
6. Maximising best fit between the person, the occupation and their environment:
  - Understanding how analysis provides A foundation for intervention planning in occupational therapy
  - Grading Steps and demands of occupations to maximise participation in everyday life
  - A brief introduction to common occupational therapy interventions to enable participation

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/Group Task
Professional Task	15- 20 minutes + 1000 words	30	N	Individual
Intra-session Exam	1 hour	20	N	Individual
Case Study	1000 words	15	N	Group
Case Study	1000 words	35	N	Individual

Teaching Periods

## Spring (2022)

### Campbelltown

#### Day

**Subject Contact** Nikki Tulliani ([https://directory.westernsydney.edu.au/search/name/Nikki Tulliani/](https://directory.westernsydney.edu.au/search/name/Nikki%20Tulliani/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=REHA2006\\_22-SPR\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA2006_22-SPR_CA_D#subjects))

## Spring (2023)

### Campbelltown

#### On-site

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