

# NURS 7080 WALUWIN: HEALTH ACROSS THE LIFESPAN FOR MOB

**Credit Points** 10

**Legacy Code** 401502

**Coordinator** Alison Barnes ([https://directory.westernsydney.edu.au/search/name/Alison Barnes/](https://directory.westernsydney.edu.au/search/name/Alison%20Barnes/))

**Description** In Spring 2023, this subject replaced by NURS 5005 - Waluwin: Health across the lifespan for Mob. Building on the broad concepts learnt in core subject 401454 - Indigenous Australian Health, Wellness and Culture or subject 401445 - Health, Culture and Wellbeing of Aboriginal and Torres Strait Islander Peoples, this subject introduces the student to perspectives of Aboriginal and Torres Strait Islander people's health looking across the lifespan. Critical aspects of nursing care across the lifespan are examined focusing on the patients emotional, social, physical, and significantly, spiritual wellbeing in addition to family and the communities' response to the key alterations in health. Classroom learning will be supported by a field trip which allows students to experience a culturally immersive experience on Country facilitated by Aboriginal Elders. The field trip will also allow students to develop new skills for practice and develop a deeper appreciation for Aboriginal and Torres Strait Islander peoples and culture. This subject will interest anyone with an interest in contemporary Aboriginal and Torres Strait Islander culture and health care.

**School** Nursing & Midwifery

**Discipline** Nursing

**Student Contribution Band** HECS Band 1 10cp

**Level** Postgraduate Coursework Level 7 subject

**Pre-requisite(s)** NURS 7070 OR NURS 2039

## Restrictions

Students must be enrolled in 4691 - Bachelor of Nursing or 4780 - Bachelor of Nursing ? WSU Online, or 4785 - Master of Nursing Practice (Preregistration).

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply professional standards and the principles of evidence-based practice in planning for the holistic nursing care of Aboriginal and Torres Strait Island people, families, and communities.
2. Analyse underlying pathophysiology, clinical presentations, nursing assessments and interventions for alterations in health, across the life span.
3. Evaluate epidemiology and population health data in diagnostic thinking and develop strategies for community-wide approaches to prevention.
4. Critique historical and current policies and practices to determine how they impact the health and wellbeing of Aboriginal and Torres Strait Islander people today.

## Subject Content

Maternal, prenatal, and newborn care for Aboriginal and Torres Strait Islander people  
 How the early years provide a firm foundation for Aboriginal and Torres Strait Islander people  
 The importance of Child and family health  
 Adolescents and the importance of strong cultural ties  
 Mental Health care ? age relevant concepts are embedded across the program  
 An examination of Aboriginal and Torres Strait Islander parenting  
 Women?fs Business  
 Men?fs Business  
 Growing older  
 Aboriginal aged care  
 The impact of grief and trauma on Aboriginal and Torres Strait Islander people, families, and communities  
 Traditional health care in a contemporary setting  
 Nurses as change agents

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Annotated Bibliography	1500 words	50	N	Individual
Presentation	20 minutes	20	N	Group
Reflection	1000 words	30	N	Individual

Teaching Periods