# NURS 7025 HEALTH PROMOTION AND THE NURSE

**Credit Points 10** 

Legacy Code 400210

Coordinator Laynie Hall Pullin (https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/)

**Description** The challenge for nursing in terms of health promotion is to acknowledge the complex interrelatedness between a person's social and economic situation, their sense of power and control over their life and their physical, emotional and spiritual well-being, i.e. To understand that health is determined by the totality of a person's life circumstances and their inherent traits. This subject uses a social health perspective to examine evidence-based health promotion strategies that can be implemented in the context of nursing practice.

School Nursing & Midwifery

Discipline Nursing, Not Elsewhere Classified.

Student Contribution Band HECS Band 1 10cp

Level Postgraduate Coursework Level 7 subject

Restrictions

Students must be enrolled in a postgraduate program.

**Assumed Knowledge** 

### **Learning Outcomes**

On successful completion of this subject, students should be able to:

- Critically analyse the socio-political influences and Social Determinants of Health which underpin health promotion planning for populations.nbsp;
- Evaluate the implications of international, national, and state policy in determining health promotion planning in Australia, including initiatives designed for Aboriginal and Torres Strait Islander peoples.nbsp;
- 3. Critique health promotion initiatives implemented for populations and groups, both nationally and internationally.nbsp;
- Create measurable short and long-term objectives to address health revealed in a community needs analysis to design planning and evaluation strategies for health promotion.
- 5. Critically appraise the implications of using health promotion in nursing within a range of clinical and community settings.
- Formulate a health promotion project proposal related to a specialty area of nursing practice in any clinical or community setting.nbsp;

## **Subject Content**

- The social perspective of health in relation to planning for health promotion.
- Evaluating the influence of Social Determinants of Health in planning health promotion for populations and groups.nbsp;
- Health promotion using a Primary Health Care philosophy and framework.
- 4. The influence of International, National and State policy in determining directions for health promotion.nbsp;
- Issues of power and decision-making in health promotion priorities within community and clinical settings.

- Effects of the World Health Organization policies within the Australian context
- National and State government health promotion policies and programs designed tonbsp; improve the health of the population.nbsp;
- 8. Critiquing contemporary health education strategies.nbsp;
- Analysing components of a community needs analysis and searching for evidence of population health.nbsp;
- Planning measurable short and long-term objectives for health promotion.nbsp;
- 11. The planning of health promotion using logic models.nbsp;
- Formulating process, impact and outcome evaluations using qualitative and quantitative strategies.nbsp;
- 13. The relevance and application of health promotion in clinical and community nursing practice.
- Evaluating the role of the Registered Nurse in designing and implementing health promotion for populations and groups.nbsp;

## Work integrated learning Special Requirements

Legislative pre-requisites

Essential equipment

#### **Assessment**

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Туре	Length	Percent	Threshold	Individual/ Group Task
Essay	2000 words	50	N	Individual
Proposal	2500 words	50	N	Individual

**Prescribed Texts** 

There is no essential textbook.

**Teaching Periods** 

# **Spring (2022)**

#### Online

#### **Online**

**Subject Contact** Laynie Hall Pullin (https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS7025\_22-SPR\_ON\_O#subjects)

#### Parramatta - Victoria Rd

#### Day

**Subject Contact** Laynie Hall Pullin (https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS7025\_22-SPR\_PS\_D#subjects)

# **Spring (2023)**

#### **Online**

#### **Online**

Subject Contact Laynie Hall Pullin (https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS7025\_23-SPR\_ON\_2#subjects)

#### Parramatta - Victoria Rd

#### On-cite

Subject Contact Laynie Hall Pullin (https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS7025\_23-SPR\_PS\_1#subjects)