# NURS 6001 CLINICAL SUPERVISION IN HEALTH CARE

#### Credit Points 10

**Coordinator** Linda Gregory (https://directory.westernsydney.edu.au/ search/name/Linda Gregory/)

**Description** This subject provides students with the foundational knowledge and skills to enable them in their professional role to become a clinical supervisor. The practice of clinical supervision is one that is a supportive formal process enabling health care professionals to further develop and improve practice, ultimately improving outcomes for health care services and patients. Students will be able to differentiate between clinical supervision and other clinical support alternatives on the supervision continuum that are available to nurses and midwives. Students will also draw on various clinical supervision practices. Utilising principles of effective supervision (including ethical, legal and professional considerations) students will develop their own skills in self-awareness and reflective practice and be able to apply these skills to enhance the professional growth of peers, colleagues and other health care practitioners.

School Nursing & Midwifery

**Discipline** Nursing

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https:// www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Postgraduate Coursework Level 6 subject

Equivalent Subjects NURS 7013 - Clinical Supervision in Health Care

#### Restrictions

Students must be enrolled in a postgraduate program.

### **Learning Outcomes**

1. Review the qualities and role of the effective clinical supervisor to enable productive and successful professional development of supervisees.

2. Compare the practice of clinical supervision with other forms of clinical support options offered on the supervision continuum.

3. Apply educational theoretical frameworks to construct clinical supervision experiences for supervisees.

 Critically review the principles and challenges associated with the various models of clinical supervision when planning clinical supervisory experiences or sessions.

 Appraise the significance of ethical and legal principles, professional codes and standards to clinical supervision practices in nursing and midwifery.

6. Evaluate the use of different critical reflection models that can be utilised during clinical supervisory sessions.

## Subject Content

Module 1: Introduction to Clinical Supervision

- · What is clinical supervision?
- · The benefits and outcomes of effective clinical supervision.
- Qualities of an effective clinical supervisor.

- · Roles of the clinical supervisor.
- · Core elements that are critical for effective clinical supervision.
- · Clinical supervision and governance.
- Differentiating clinical supervision from other forms of supervision on the clinical supervision continuum.

· Barriers and challenges to clinical supervision.

Module 2: Educational Pedagogy – Learning Theoretical Frameworks that Underpin Clinical Supervision.

- · Principles of adult learning and clinical supervision.
- · Learning Styles, experiential learning and clinical supervision.
- · Behaviourism, cognitivism, constructivism and clinical supervision.
- The person-centred learning approach.

Module 3: Models of Clinical Supervision

- · Theoretical frameworks of clinical supervision.
- Models of clinical supervision
- Types of supervision and supervisory styles.
- · Practical approaches to the implementation of clinical supervision

Module 4: Principles of Effective Clinical Supervision

- Ground rules and supervisory expectations.
- Setting up a supervision contract.
- · Clinical supervision documentation.
- Setting boundaries, accountability and confidentiality.
- · Ethical and legal considerations in clinical supervision.
- The importance of space during clinical supervisory sessions and appointments.
- · Setting goals and objectives.
- · Providing effective feedback to the supervisee.
- · Managing challenging situations in clinical supervision.
- Module 5: Reflective Practice in Clinical Supervision
- What is reflective practice?
- Understanding reflective practice.
- Models of reflective practice.
- The supervisory relationship.
- · Developing skills for self-awareness and reflection.

### **Special Requirements**

Essential equipment

Students must have access to the internet and a computer.

#### Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Туре	Length	Percent	Threshold	Individual/ Group Task
Essay	1500 words	40	Ν	Individual
Presentation	10 mins	20	Ν	Individual
Reflection	1500 words	40	Ν	Individual

**Teaching Periods** 

# Autumn (2023)

#### Online

Online

Subject Contact Linda Gregory (https:// directory.westernsydney.edu.au/search/name/Linda Gregory/) View timetable (https://classregistration.westernsydney.edu.au/odd/ timetable/?subject\_code=NURS6001\_23-AUT\_ON\_2#subjects)