# NURS 2016 HEALTH VARIATIONS 3 - ACUTE EXACERBATIONS OF CHRONIC CONDITIONS

**Credit Points 10** 

Legacy Code 401210

**Coordinator** Sharon Jacobs (https://directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

**Description** Health Variations 3 - Acute Exacerbations of Chronic Conditions utilises an evidence base to develop an understanding of pathophysiology, pharmacological interventions, and nursing care for people who experience acute exacerbations of chronic conditions.

School Nursing & Midwifery

**Discipline** General Nursing

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Undergraduate Level 2 subject

**Co-requisite(s)** NURS 2037 - Health Variations 1 - Introduction to Alterations in Health

#### Restrictions

Students must be enrolled in 4691 Bachelor of Nursing or 4780 Bachelor of Nursing – WSU Online or 4693 Bachelor of Nursing (Advanced) or 4692 Bachelor of Nursing (Graduate Entry)

#### **Assumed Knowledge**

Primary health care, foundational knowledge of human biological sciences including human body systems, basic concepts in pharmacology and pathophysiology and the National Health Priorities and the relationship to nursing practice.

## **Learning Outcomes**

On successful completion of this subject, students should be able to:

- Explain the causes, pathogenesis, clinical manifestations, and diagnostic procedures concerning acute exacerbations of chronic conditions.
- Develop an understanding of the National Safety and Quality Care framework and the implications for nursing practice in relation to caring for people who experience an acute exacerbation of a chronic condition.
- Justify the selection and prioritisation of nursing strategies to provide safe effective and evidence based nursing care for people who experience an acute exacerbation of a chronic condition.
- Assess appropriate, safe, effective, and evidence-based treatments for people who experience an acute exacerbation of a chronic condition.

## **Subject Content**

- Knowledge and application of the following concepts to inform professional nursing practice related to acute exacerbations of chronic conditions affecting the cardiovascular, renal, musculoskeletal, and respiratory systems.
- a. Pathophysiology & Clinical Manifestations
- b. Pharmacology
- c. Diagnosis
  - Evidence-based management including prioritisation of nursing actions by accessing and analysing the best available evidence, that includes research findings, for safe, quality practice
  - Alterations to the cardiovascular system, Introduction to alterations in the cardiovascular system
  - · Alterations to Renal System
  - · Alterations to the Haematological System
- Alterations to the Pulmonary system, oxygen use in adults in acute care (ACI), nursing management of acute respiratory failure
- Application of the National and Safety and Quality Health Service Standards
- Comprehensive Care Standard minimising patient harm (incorporates pressure injuries, delirium, nutrition & hydration, and minimising restraint)
- · Preventing & Controlling Infection

## **Special Requirements**

Essential equipment

Access to an internet enabled device is essential in order to be able to: access course materials; to participate in discussion groups; and to access additional resources provided by the lecturer during the session. See http://www.westernsydney.edu.au/currentstudents/current\_students/services\_and\_facilities/uwsonline\_student\_support (http://www.westernsydney.edu.au/currentstudents/current\_students/services\_and\_facilities/uwsonline\_student\_support/) for further information.

## **Assessment**

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Туре	Length	Percent	Threshold	Individual/ Group Task
Short Answer	750 words	30	N	Individual
Presentation	10 minutes	30	N	Group
Final Exam	1 hour	40	Υ	Individual

#### **Prescribed Texts**

 Craft, J., Gordon, C., Tiziani, A., Heuther, S., McCance, K., Brashers, V., & Rote, N. (2015). Understanding pathophysiology (2nd ed.). Chatswood, NSW: Elsevier Australia

**Teaching Periods** 

## **WSU Online TRI-1 (2022)**

#### **Wsu Online**

#### **Online**

**Subject Contact** Melanie Bingham (https://directory.westernsydney.edu.au/search/name/Melanie Bingham/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-OT1\_OW\_O#subjects)

## **WSU Online TRI-2 (2022)**

#### **Wsu Online**

#### **Online**

Subject Contact Melanie Bingham (https://

directory.westernsydney.edu.au/search/name/Melanie Bingham/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-OT2\_OW\_O#subjects)

## **Spring (2022)**

## Campbelltown

#### Day

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-SPR\_CA\_D#subjects)

### Hawkesbury

#### Day

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-SPR\_HW\_D#subjects)

### Liverpool

#### Day

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-SPR\_LP\_D#subjects)

#### Parramatta - Victoria Rd

#### Day

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-SPR\_PS\_D#subjects)

## **WSU Online TRI-3 (2022)**

### **Wsu Online**

#### **Online**

Subject Contact Melanie Bingham (https://

directory.westernsydney.edu.au/search/name/Melanie Bingham/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=NURS2016\_22-OT3\_OW\_0#subjects)

## **WSU Online TRI-1 (2023)**

### **Wsu Online**

### Online

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-OT1\_OW\_2#subjects)

## **WSU Online TRI-2 (2023)**

### **Wsu Online**

#### **Online**

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-OT2\_OW\_2#subjects)

## **Spring (2023)**

## Campbelltown

#### On-site

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-SPR\_CA\_1#subjects)

### **Hawkesbury**

#### On-site

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-SPR\_HW\_1#subjects)

### Liverpool

#### On-site

Subject Contact Sharon Jacobs (https://

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### Parramatta - Victoria Rd

### On-site

Subject Contact Sharon Jacobs (https://

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View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-SPR\_PS\_1#subjects)

## WSU Online TRI-3 (2023)

### **Wsu Online**

### Online

Subject Contact Sharon Jacobs (https://

directory.westernsydney.edu.au/search/name/Sharon Jacobs/)

View timetable (https://classregistration.westernsydney.edu.au/odd/timetable/?subject\_code=NURS2016\_23-OT3\_OW\_2#subjects)