

# NURS 1025 PERSON-CENTRED CARE ACROSS THE LIFESPAN

**Credit Points** 10

**Legacy Code** 401453

**Coordinator** Diana Jefferies ([https://directory.westernsydney.edu.au/search/name/Diana Jefferies/](https://directory.westernsydney.edu.au/search/name/Diana%20Jefferies/))

**Description** This subject introduces the concept of person-centred care as an approach that is respectful of, and responsive to, the preferences, needs and values of individual people throughout the lifespan. Students develop an understanding of human relationships and life transitions, including concepts that inform nursing and midwifery practice. The subject explores frameworks that support an understanding of the psychological, social, cognitive and moral components of human development including mental health and care of the older person.

**School** Nursing & Midwifery

**Discipline** General Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 1 subject

**Co-requisite(s)** NURS 1017 - Primary Health Care in Action

**Equivalent Subjects** NURS 1006 - Human Relationships and Life Transitions

**Restrictions**

Students must be enrolled in 4691 Bachelor of Nursing, 4780 Bachelor of Nursing – WSU Online or 4684 Bachelor of Midwifery or 4693 Bachelor of Nursing (Advanced)

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain theoretical concepts of human development related to person centred care
2. Describe the principles of person-centred care with reference to respect, emotional support, physical comfort, care coordination, and access to care
3. Explain how person-centred care impacts patient safety and wellbeing
4. Explain how to provide holistic person-centred care that considers the person's diversity, previous experiences, and life history
5. Identify regional, national, and global health priorities, including mental health and care of the older person, to inform evidence-based practice
6. Recognise that people are the experts in the experience of their life, and in partnership with the person include them in decisions and plans related to their healthcare

## Subject Content

1. Theories of human development across the lifespan, person centred care and the domains of health

2. Overview of physical and mental health and its potential to impact self-concept, self-identity, and self-esteem.
3. The importance of cultural and social diversity with particular reference to Aboriginal and Torres Strait Islander people
4. Identifying normative and non-normative events, and social disability theory, across the lifespan and its impact on person-centred care
5. Principles of person-centred care; care coordination; and implementing the family partnership model across the lifespan
6. Infancy and childhood with introduction to attachment theory and the child-parent relationship.
7. The bridge between adolescence and young adulthood, including approaches to physical and mental healthcare.
8. Middle age adulthood, with specific consideration of social and political identity, menopause, mental health, and male suicide.
9. Older age adulthood, including consideration of the role of grandparents, the impact of ageism and nurses and midwife's role addressing elder abuse.

## Special Requirements

Essential equipment

Essential Equipment: Access to an internet enabled device is essential in order to be able to: access course materials; to participate in discussion groups; and to access additional resources provided by the lecturer during the session. See [http://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwonline\\_student\\_support](http://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwonline_student_support) ([https://www.westernsydney.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/uwonline\\_student\\_support/](https://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/uwonline_student_support/)) for further information.

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Quiz	30 minutes x 2 (15% each)	30	N	Individual
Poster	500 words	30	N	Individual
Case Study	1,200 words	40	N	Individual

Teaching Periods

## Spring (2022)

### Campbelltown

**Day**

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View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS1025\\_22-SPR\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS1025_22-SPR_CA_D#subjects))

### Hawkesbury

**Day**

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## Liverpool

### Day

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## Parramatta - Victoria Rd

### Day

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## WSU Online TRI-3 (2022)

### Wsu Online

#### Online

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## WSU Online TRI-1 (2023)

### Wsu Online

#### Online

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## WSU Online TRI-2 (2023)

### Wsu Online

#### Online

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## Spring (2023)

### Campbelltown

#### On-site

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### Hawkesbury

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## Liverpool

### On-site

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