

# NURS 1013 MIDWIFERY PROFESSIONAL PRACTICE 2

**Credit Points** 10

**Legacy Code** 401220

**Coordinator** Kye Porritt ([https://directory.westernsydney.edu.au/search/name/Kye Porritt/](https://directory.westernsydney.edu.au/search/name/Kye%20Porritt/))

**Description** In this subject students will develop skills for the provision of midwifery care across the birthing continuum. The primary focus of this subject will be the acquisition of skills for supporting women during normal pregnancy and birth. Students will apply knowledge gained from Midwifery Knowledge 1 and 2 in simulated practice environments and will gain a comprehensive understanding of the practical aspects of midwifery care for women experiencing normal labour and birth. Students will gain practical experience in designated clinical areas and will follow women through pregnancy, birth and the postnatal period in a continuity of care experience.

**School** Nursing & Midwifery

**Discipline** Midwifery

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 1 subject

**Pre-requisite(s)** NURS 1012 AND NURS 1009

**Co-requisite(s)** NURS 1010

**Equivalent Subjects** NURS 1011 Midwifery Practice Experience 1

**Restrictions**

Students must be enrolled in 4684 Bachelor of Midwifery.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Communicate with women, and colleagues, in an open and respectful way.
2. Assess pregnancy history and its application to labour and birth.
3. Assess, monitor and provide safe midwifery care to the woman during normal labour and birth.
4. Explain the mechanism of birth in a variety of positions.
5. Discuss the benefits of physiological labour and birth.
6. Provide safe midwifery care and management for physiological and active third stage of labour.
7. Provide safe post-birth care and management of the woman including breastfeeding support.
8. Perform an examination of the newborn including initial assessment of newborn adjustment to extra uterine life.
9. Fulfil professional midwifery practice requirements including continuity of care.
10. Demonstrate principles of safe medication administration.

## Subject Content

1. Communication:

- Attentive listening
  - open communication
  - Working in partnership
  - woman-centred approach
2. Midwifery Practice Requirements:
- documentation
  - adherence to policy and procedure guidelines
  - principles of informed consent
  - Confidentiality
  - Privacy
  - medication calculations
3. Professional Midwifery Practice:
- A. Assessment and monitoring of early labour:
- collecting A Pregnancy and labour onset history
  - reviewing antenatal history and Screening to assess Maternal and fetal wellbeing
  - performing An Abdominal Examination in labour
  - Assessing uterine contraction and pattern
  - Assessing fetal wellbeing in labour
  - collecting Maternal observations
  - Assessing Maternal needs and plans
  - Assessing hydration/ elimination
  - applying The principles of infection control
- B. Assessment and monitoring of labour progress:
- Maternal cues
  - fetal position and descent
  - contraction pattern
  - vaginal loss
  - hydration and nutrition
  - Assessing Maternal Comfort
  - Assessing The need for vaginal Examination
  - documentation - partogram, and Progress notes
  - Escalation procedure for deviations from normal
- C. Skills for promoting physiological labour and birth:
- Rationale for upright positions and movement
  - use of massage and complementary therapies
  - The use of heat
  - The use of water/water birth
  - The use of Nitrous Oxide
- D. Skills for supporting Birth:
- preparation for birth
  - sterile/Clean technique
  - Midwives role in supporting The birthing woman (including waterbirth)
  - mechanism of birth in A variety of positions
  - physiological and active third stage
  - Assessing perineal Trauma
  - Examination of The placenta
  - collection of cord blood
- E. Skills for supporting newborns:
- Immediate care of The newborn
  - APGAR scoring
  - Initiating skin to skin
  - supporting The first breast feed
4. Introduction to post-birth care:
- A. Maternal post birth assessment including:
- emotional wellbeing
  - Comfort measures
  - vital signs
  - assessment of vaginal loss and uterine involution
  - assessment of pain and discomfort
  - elimination
  - nutrition
  - procedure for dispensing of oral medication
- B. Initial newborn assessment including:
- identification
  - initial measurements

- head to toe Examination
- routine Vit K supplementation
- Hep b Immunisation
- 5. Medication Administration:
  - medication Calculation
  - Safe administration procedures
  - using MIMS
  - legal requirements for medication administration- consent/ documentation
  - Five rights of medication administration
  - Accepted medication abbreviations

## Special Requirements

Legislative pre-requisites

### Special Requirements - NSW Health Legislative Prerequisites Pre-requisites

#### Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet ([https://issuu.com/uwspublications/docs/wsu\\_student\\_compliance\\_booklet\\_2020\\_v6/](https://issuu.com/uwspublications/docs/wsu_student_compliance_booklet_2020_v6/))

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.

- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program
  - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

[https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance) ([https://www.westernsydney.edu.au/learning\\_futures/home/placements\\_hub/placements\\_hub/student\\_compliance/](https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Professional Task	45 minutes	S/U	Y	Individual
Participation	All teaching weeks	S/U	Y	Individual
Practical Exam	25 Minutes	S/U	Y	Individual
Professional Placement Performance	All clinical placement weeks	S/U	Y	Individual
Portfolio	128 hours	S/U	Y	Individual
Intra-session Exam	Part A - All teaching weeks and Part B - 30 minutes	S/U	Y	Individual

Teaching Periods

## 2nd Half (2022)

### Parramatta - Victoria Rd

#### Day

**Subject Contact** Kye Porritt ([https://directory.westernsydney.edu.au/search/name/Kye Porritt/](https://directory.westernsydney.edu.au/search/name/Kye%20Porritt/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS1013\\_22-2H\\_PS\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS1013_22-2H_PS_D#subjects))

## 2nd Half (2023)

### Parramatta - Victoria Rd

#### On-site

**Subject Contact** Kye Porritt ([https://directory.westernsydney.edu.au/search/name/Kye Porritt/](https://directory.westernsydney.edu.au/search/name/Kye%20Porritt/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=NURS1013\\_23-2H\\_PS\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=NURS1013_23-2H_PS_1#subjects))