

# HLTH 2023 INTRODUCTION TO PHYSICAL CULTURAL STUDIES

**Credit Points** 10

**Legacy Code** 401413

**Coordinator** Nicki Taylor ([https://directory.westernsydney.edu.au/search/name/Nicki Taylor/](https://directory.westernsydney.edu.au/search/name/Nicki%20Taylor/))

**Description** From 2020 this subject replaces 401239 - Introduction to Physical Cultural Studies. The subject explores the interconnection between physical movement, culture, and society. Students will investigate the relationships among physical culture in its various forms (including health, physical activity, sport, dance, leisure, and movement related practices) and broader contexts (pedagogical, social, cultural, political, economic, and technological). The subject will equip students with knowledge and skills in becoming active, reflective and critical learners in physical culture thereby enacting meaningful changes in sites of inequality.

**School** Health Sciences

**Discipline** Human Movement

**Student Contribution Band** HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Equivalent Subjects** PUBH 1005 - Foundations of Wellbeing PUBH 2014 - Introduction to Physical Cultural Studies

## Restrictions

Students must be enrolled in 4659 Bachelor of Health Science (PDHPE), 4747 Bachelor of Health Science (HPE) or 6001 Diploma in Health Science/Bachelor of Health Science (Health and Physical Education)

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain key tenets, methods and topics in physical cultural studies
2. Examine new ways of thinking about bodies, subjectivities and physical cultures
3. Identify sources of inequality in a range of physical cultural sites and address them to enable meaningful changes
4. Analyse problems regarding questions of gender, sexuality, class, ethnicity and subjectivity in relation to physical culture in the contemporary world

## Subject Content

1. Introduction to physical cultural studies
2. Thinking like a sociocultural theorist
3. Historical development in sport
4. Cultural reproduction and taste in physical culture
5. Cultures and bodies in physical culture
6. Identity and difference
7. Gender and sexuality
8. Globalisation and postcolonialism
9. Consumer and Consumption in sport

10. Cultural diversity in physical activity

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/Group Task
Quiz	10 minutes	30	N	Individual
Presentation	10 minutes	20	N	Group
Applied Project	2,500 words	50	N	Individual

Teaching Periods

## Spring (2022) Penrith (Kingswood)

### Day

**Subject Contact** Nicki Taylor ([https://directory.westernsydney.edu.au/search/name/Nicki Taylor/](https://directory.westernsydney.edu.au/search/name/Nicki%20Taylor/))

View timetable ([https://clasregistration.westernsydney.edu.au/even/timetable/?subject\\_code=HLTH2023\\_22-SPR\\_KW\\_D#subjects](https://clasregistration.westernsydney.edu.au/even/timetable/?subject_code=HLTH2023_22-SPR_KW_D#subjects))