

# CMPL 7007 CLINICAL APPLICATION OF CLASSICAL CHINESE HERBAL MEDICINE

**Credit Points** 10

**Legacy Code** 401130

**Coordinator** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

**Description** This subject presents the origin, development and features of classical Chinese herbal medicine (Jing Fang), and reveals their pharmacological and clinical outcomes based on the latest clinical observation and research. This subject will appeal to practitioners seeking to extend and deepen their knowledge and clinical skills with Chinese herbs and to students embarking on research in this area. The classical texts contain deep insights on Chinese herbs and formulae for a range of conditions. Selective herbal formulae from the Treatise on Cold Pathogenic Diseases (Shanghan Lun) and the Synopsis of Golden Chamber (Jingui Yaolue) are explored in depth to demonstrate the clinical applications.

**School** Health Sciences

**Discipline** Traditional Chinese Medicine

**Student Contribution Band** HECS Band 2 10cp

**Level** Postgraduate Coursework Level 7 subject

## Restrictions

Students must be enrolled in 4716 Master of Chinese Medicine or 4675 Master of Health Science (Traditional Chinese Medicine) and/or 4678 Master of Health Science (Acupuncture).

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Discuss the origin and development of classic Chinese herbal medicine (CCHM)
2. Critically analyse the principal features and strategic approaches of CCHM
3. Demonstrate comprehensive skills in applying commonly-used CCHM in contemporary practice
4. Relate the pharmacology and toxicology of CCHM to its clinical outcomes
5. Identify and critically evaluate the strengths and limitations of CCHM

## Subject Content

1. Origin and development of Classics of Chinese medicine
  - a. Treatise on Cold Pathogenic Diseases (Shanghan Lun)
  - b. Synopsis of Golden Chamber (Jingui Yaolue)
  - c. Major academic schools of Chinese medicine
2. Feature and methodology of Classic Chinese herbal medicine (CCHM)
  - a. The herbal formula design and strategy
  - b. CCHM and pattern diagnosis
  - c. CCHM modifications
  - d. Dosage and administration of CCHM
3. Review of pharmacological and toxicological research of CCHM
4. Clinical applications of the selected formulae from the Classics

- a. The exterior expelling formulae
  - b. Heat clearing formulae
  - c. Purgative formulae
  - d. Harmonising formulae
  - e. Qi and blood moving formulae
  - f. Damp and phlegm eliminating formulae
  - g. Internal warming formulae
  - h. Tonic formulae
  - i. Others
5. Strengths and limitations of CCHM

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

| Type         | Length  | Percent | Threshold | Individual/Group Task |
|--------------|---|---------|-----------|-----------------------|
| Essay        | 2,000 words   | 30      | N         | Individual            |
| Essay        | 2,500 words   | 30      | N         | Individual            |
| Peer Review  | Minimum of 6 online posts with substantial content to fellow students in relation to online discussion topics | 20      | N         | Individual            |
| Short Answer | 20 minutes at each workshop   | 20      | N         | Individual            |

Teaching Periods

## Autumn (2023)

### Campbelltown

#### On-site

**Subject Contact** Shengxi (George) Zhang ([https://directory.westernsydney.edu.au/search/name/Shengxi \(George\) Zhang/](https://directory.westernsydney.edu.au/search/name/Shengxi%20Zhang/))

View timetable ([https://classregistration.westernsydney.edu.au/odd/timetable/?subject\\_code=CMPL7007\\_23-AUT\\_CA\\_1#subjects](https://classregistration.westernsydney.edu.au/odd/timetable/?subject_code=CMPL7007_23-AUT_CA_1#subjects))