

# CMPL 4005 SPECIALITIES IN TRADITIONAL CHINESE MEDICINE 1

**Credit Points** 10

**Legacy Code** 401099

**Coordinator** Xiaoshu Zhu ([https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/](https://directory.westernsydney.edu.au/search/name/Xiaoshu%20Zhu/))

**Description** This subject provides learning experiences that enable the health professional to analyse, diagnose and treat common gynaecological diseases and musculoskeletal conditions using a Traditional Chinese Medicine (TCM) approach with acupuncture and Chinese herbal medicine. Students will develop a good understanding of the causes and pathophysiological mechanisms of common gynaecological diseases and musculoskeletal conditions.

**School** Health Sciences

**Discipline** Traditional Chinese Medicine

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 4 subject

**Pre-requisite(s)** CMPL 2006 AND CMPL 3001 AND CMPL 3002

**Incompatible Subjects** CMPL 7021 - Specialities in Traditional Chinese Medicine Practice 1 (PG) LGYA 7248 - Specialities in Traditional Chinese Medicine 1

**Restrictions**

Students must be enrolled in 4710 - Bachelor of Traditional Chinese Medicine

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain the unique features of women's physiology and pathology in relation to the pathogenesis and diagnosis of gynaecological diseases.
2. Explain the causes and patho

## Subject Content

1. Introduction to Orthopaedics (including Traumatology & Rheumatology)
  - physical Examination
  - principles of treatment and therapies
  - methods of management
2. Injury of muscle, tendon and bone
  - Stiff Neck/Cervical soft tissue sprain
  - Cervical spondylopathy
  - scapulohumeral periarthritis
  - carpal tunnel syndrome
  - Acute lumbar muscle sprain
  - prolapse of lumbar intervertebral disc
  - Sciatica

- post surgical management, scar treatment
3. Sport medicine
    - injury treatment and management (injuries to ligaments, tendons, muscle and bone ? knee, elbow, shoulder, wrist, thigh, calf, ankle, Neck, low back)
    - performance enhancement
  4. Introduction to gynaecology
    - special features of women's physiology (TCM & WM)
    - aetiology, Diagnosis and therapeutic methods
    - A synopsis of gynaecological pathology
  5. Disorders of menstruation
    - early menstruation
    - delayed menstruation
    - irregular menstruation
    - amenorrhoea
    - abnormal Functional uterine bleeding
    - premenstrual syndrome
    - menopausal syndrome
  6. Disorders of the female genitalia
    - abno

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Case Study	1,500 words	25	N	Individual
Essay	1,500 words	25	N	Individual
Viva Voce	10 minutes	10	N	Individual
Final Exam	2 hours	40	N	Individual

Teaching Periods

## Autumn (2022)

### Campbelltown

#### Day

**Subject Contact** Xiaoshu Zhu ([https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/](https://directory.westernsydney.edu.au/search/name/Xiaoshu%20Zhu/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=CMPL4005\\_22-AUT\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=CMPL4005_22-AUT_CA_D#subjects))

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#### On-site

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