

# CMPL 2002 CHANNELS AND POINTS 1

**Credit Points** 10

**Legacy Code** 400874

**Coordinator** Isabella Leung ([https://directory.westernsydney.edu.au/search/name/Isabella Leung/](https://directory.westernsydney.edu.au/search/name/Isabella%20Leung/))

**Description** Acupuncture is one of the principal therapeutic interventions in Traditional Chinese Medicine (TCM). This subject introduces students to acupuncture theory and practice, and provides opportunity to develop practical skills. It covers the theory of channels and points, channel pathway, point location and indications of the conception and governor vessels, and the first 6 channels in the meridian cycle. This subject also expands upon the student's understanding of TCM theory and practice principles. This subject includes mandatory clinical placement

**School** Health Sciences

**Discipline** Acupuncture

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Pre-requisite(s)** CMPL 1002

**Co-requisite(s)** CMPL 2006

**Equivalent Subjects** LGYA 7238 - Acupuncture 1

## Restrictions

Students must be enrolled in 4660 Bachelor of Health Science-Master of Traditional Chinese Medicine or 4710 Bachelor of Traditional Chinese Medicine.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Differentiate between the distribution and local anatomy of the channels covered in this unit;
2. Point out and explain the location, functions and indications of commonly used points on the channels, and of the extra points.
3. Distinguish high-risk related acupuncture points and apply appropriate needling strategies.

## Subject Content

1. The channel system
  - Classification and nomenclature of The channels
  - yin yang relationships within The channel system
  - general functions of The channels
  - general principles of Qi flow and channel Distribution
  - The external and Internal pathways of The twelve Regular channels
  - theory, pathways, points and Connecting points of The eight extra channels
  - pathways of The divergent, luo, and musculo-tendino channels
2. Acupuncture points
  - general introduction
  - classes of points

- methods of locating points
  - nomenclature of The points
  - therapeutic properties of The points (functions and Indications)
3. Specific point categories
    - wu Shu points
    - Yuan points
    - luo points
    - Xi points
    - back Shu points
    - front mu points
    - Confluent points
    - influential points
    - Crossing points
    - Lower He points
  4. Surface anatomical features in relation to acupuncture points
    - a. Anatomical position and movement
    - b. Anatomy and clinical assessment including visual and palpation examination association with acupuncture points
    - head
    - Neck
    - Thorax
    - abdomen and pelvis
    - back
    - Upper limb
    - Lower limb
  5. Locations, functions, indications and application (needling/ moxibustion methods and precautions/contraindications) of the points of:
    - Governing Vessel (Dumai)
    - Conception Vessel (Renmai)
    - Lung Channel of Hand Taiyin
    - Large Intestine Channel of Hand Yangming
    - Stomach Channel of Foot Yangming
    - Spleen Channel of Foot Taiyin
    - Heart Channel of Hand Shaoyin
    - Small Intestine Channel of Hand Taiyang

Note: surface anatomy relevant to identifying individual acupuncture point location covered in this subject and relevant safe administration of needling will be covered.
  6. Clinical skills
    - Point location and application of The main acupuncture points
    - identification of High-Risk related acupuncture points
    - Sterilisation procedures & maintaining asepsis
    - occupational health and safety procedures
    - acupuncture contraindications and adverse reactions
    - clinical accidents and their management
    - introduction to filiform needling, correct direction and length
    - codes and guidelines required by The Chinese medicine Board of Australia, including Code of conduct, infection prevention and control guidelines for acupuncture practice
    - needling practice

## Special Requirements

Legislative pre-requisites

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement. Students must also hold a valid and current First Aid Certificate from a Registered Training Organisation. Refer to the Special Requirements website for more information. Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Type	Length	Percent	Threshold	Individual/ Group Task
Practical Exam	2 occasions, 25 minutes per student	40	Y	Individual
Quiz	15 minutes x 10 quizzes	10	N	Individual
Final Exam	2 hours	50	N	Individual
Log/Workbook	Totally 10 hours	S/U	Y	Individual

### Prescribed Texts

- Deadman, P., Mazin, Al-K., (2007). A Manual of Acupuncture, 2nd Edition. London: Journal of Chinese Medicine Publications.

### Teaching Periods

## Autumn (2022)

### Campbelltown

#### Day

**Subject Contact** Shengxi (George) Zhang ([https://directory.westernsydney.edu.au/search/name/Shengxi \(George\) Zhang/](https://directory.westernsydney.edu.au/search/name/Shengxi%20(George)Zhang/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=CMPL2002\\_22-AUT\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=CMPL2002_22-AUT_CA_D#subjects))

## Autumn (2023)

### Campbelltown

#### On-site

**Subject Contact** Shengxi (George) Zhang ([https://directory.westernsydney.edu.au/search/name/Shengxi \(George\) Zhang/](https://directory.westernsydney.edu.au/search/name/Shengxi%20(George)Zhang/))

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