

# UNDERGRADUATE CERTIFICATE IN COUNSELLING AND MENTAL HEALTH (7170)

**Approved Abbreviation:** UGCCounMH  
**Western Sydney University Program Code:** 7170  
**AQF Level:** 5

This program applies to students who commenced in 2021 or later.

Students should follow the program structure for the session start date relevant to the year they commenced.

For Commencement Year 2021 - please refer to 7170.2 Undergraduate Certificate in Counselling and Mental Health (<https://handbook.westernsydney.edu.au/hbook/course.aspx?course=7170.2>)

For Commencement Year 2020 - please refer to 7170.1 Undergraduate Certificate in Counselling and Mental Health (<http://handbook.westernsydney.edu.au/hbook/course.aspx?course=7170.1>)

The Undergraduate Certificate in Counselling and Mental Health combines a range of subjects in the social sciences and psychology that serves as a foundation for basic counselling skills, with a particular focus on counselling those experiencing mental health challenges. Students are prepared for careers in a wide range of human services organisations across diverse practice areas, including case work, group or individual counselling, in person or remote, and supporting community development and crisis intervention projects.

## Study Mode

Six months full-time.

## Program Advice

UG Certificate Course Enquiries (<https://directory.westernsydney.edu.au/search/email/UGCerts@westernsydney.edu.au>)

Prospective students should visit the following websites for general enquiries about this program.

Enquire about this program (<https://enquiry.westernsydney.edu.au/courseenquiry/>) | Local Admission (<https://www.westernsydney.edu.au/future/>) | International Admission (<https://www.westernsydney.edu.au/international/home/apply/admissions/>) |

## Location

Campus	Attendance	Mode	Advice
Online	Full Time	Online	See above

This program is open to Australian Citizens and Permanent Residents who are aged 17 years or over and **not** currently enrolled in or completing Year 12 in the same year of intended admission.

For more information on applying please see the link to The College admission pages below.

[https://www.westernsydney.edu.au/thecollege/how\\_to\\_apply](https://www.westernsydney.edu.au/thecollege/how_to_apply) ([https://www.westernsydney.edu.au/thecollege/how\\_to\\_apply/](https://www.westernsydney.edu.au/thecollege/how_to_apply/))

Program Structure

Qualification for this award requires the successful completion of 40 credit points including the subjects listed below.

Subject	Title	Credit Points
CULT 1026	Understanding Society (UG Cert)	10
BEHV 1027	The Individual in Society (UG Cert)	10
BEHV 2017	Mental Health in the Community (UG Cert)	10
WELF 1010	Human Services Intervention Strategies (UG Cert)	10
<b>Total Credit Points</b>		<b>40</b>

## Replaced Subject

The subject listed below counts towards completion of this program for students who passed this subject in 2021 or earlier.

CULT 1027 Working with Communities (UG Cert) - Working with Communities (UG Cert), no longer offered. Replaced by BEHV 1027 The Individual in Society (UG Cert)