

BACHELOR OF HEALTH AND PHYSICAL EDUCATION (PATHWAY TO TEACHING SECONDARY) (4791)

Western Sydney University Program Code: 4791

AQF Level: 7

This program applies to students who commenced in 2023 or later.

Students should follow the program structure for the session start date relevant to the year they commenced.

Commencement Year 2016 - 2022 please refer to Bachelor of Health Science (Health and Physical Education)-Pathway to Teaching (Secondary) (<https://hbook.westernsydney.edu.au/archives/2022-2023/programs/bachelor-health-science-health-physical-education-pathway-teaching-secondary/>)

The Health and Physical Education (HPE) Pathway to Teaching program brings together a comprehensive foundation of health sciences, understanding of physical activity, and skills in interacting with people. The course explores challenging areas of personal development, including youth health, sexuality, drugs, mental health, risk-taking behaviours, health promotion and research. Facilities include a gymnasium, dance and gym studio, sports fields, and undercover sport courts where learning to lead practical experiences are a strong feature of the program. Enrolment in this program involves direct pathway to a Master of Teaching degree, and then on to a teaching career. Teaching opportunities can be extended beyond HPE by studying subjects in other disciplines to gain a second teaching area. The degree also gives the advantage of early access to Education units through mandatory completion of an Education Studies – Secondary Teaching sub-major. These units of study are structured to gain the necessary learning areas to satisfy the Board of Studies, Teaching and Educational Standards discipline knowledge requirements for entry into teaching.

Study Mode

Three years full-time or six years part-time.

Program Advice

Program Advice (<https://directory.westernsydney.edu.au/search/email/HealthSciences@westernsydney.edu.au>)

Prospective students should visit the following websites for general enquiries about this program.

Enquire about this program (<https://enquiry.westernsydney.edu.au/courseenquiry/>) | Local Admission (<https://www.westernsydney.edu.au/future/>) | International Admission (<https://www.westernsydney.edu.au/international/home/apply/admissions/>) |

Campus	Attendance	Mode	Advice
Penrith	Full time	Internal	See above
Penrith	Part time	Internal	See above

Accreditation

Graduates may be eligible to apply for accreditation with the NSW Education Standards Authority following the successful completion of a recognised teaching qualification such as the Master of Teaching (Secondary).

Work Integrated Learning

Western Sydney University seeks to enhance student learning experiences by enabling students to engage in the culture, expectations and practices of their profession or discipline. This program includes a placement or other community-based unpaid practical experience.

There is a mandatory work component required for completion of this program. Please contact the Program Advisor listed above for information.

International students should also refer to the link below for more information and a link to the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS).

Work Integrated Learning (WIL) for international students (https://www.westernsydney.edu.au/currentstudents/current_students/services_and_facilities/international_student_support/working_in_australia/work_integrated_learning/)

Admission

- Assumed knowledge: Any 2 units of English
- Recommended studies: Personal Development, Health and Physical Education or Community and Family Studies

Applications from Australian and New Zealand citizens and holders of permanent resident visas may be made via the Universities Admissions Centre (UAC) or directly through the Western Portal. Use the links below to apply via UAC or Western Sydney University. Applications made directly to Western Sydney do not have an application fee.

<http://www.uac.edu.au/>

<https://westernsydney.uac.edu.au/ws/>

Applicants who have undertaken studies overseas may have to provide proof of proficiency in English. Local applicants who are applying through the Universities Admissions Centre (UAC) will find details of minimum English proficiency requirements and acceptable proof on the UAC website. Local applicants applying directly to the University should also use the information provided on the UAC website.

International students currently completing an Australian Year 12 in or outside Australia, an International Baccalaureate in Australia or a New Zealand National Certificate of Educational Achievement (NCEA) level 3 must apply via UAC International.

<http://www.uac.edu.au/>

All other International applicants must apply directly to the University via the International Office.

International students applying to the University through the International Office can find details of minimum English proficiency requirements and acceptable proof on their website.

International Office (<http://www.westernsydney.edu.au/international/>)

Overseas qualifications must be deemed by the Australian Education International - National Office of Overseas Skills Recognition (AEI-NOOSR) to be equivalent to Australian qualifications in order to be considered by UAC and Western Sydney University.

Special Requirements

In order to enrol in First Year Spring units, all students must have:

1. Working with Children Check
2. Child Protection Certificate

These will be incorporated as part of the new first year subject Foundations of HPE

Program Structure

Qualification for this award requires the successful completion of 240 credit points which include the subjects listed in the recommended sequence.

Note: At least 60 credit points must be at Level 3 or above.

Note: For placement in schools, students must complete a Child Protection Policies and Procedures module and Working with Children Check.

Minors

In addition, all students must complete the mandatory minor in Education Studies - Secondary Teaching, Minor (0267).

Education Studies - Secondary Teaching, Minor (0267) (<https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/education-studies-secondary-teaching-minor/>)

Recommended Sequence

Start year intake

Course	Title	Credit Points
Year 1		
Autumn session		
PUBH 1006	Population Health and Society	10
SPRT 1001	Fundamentals of Exercise Science	10
SPRT 1008	Sport for Social Development	10
HLTH 1020	Foundations of HPE	10
Credit Points		40
Spring session		
HLTH 1012	Evidence in Health	10
SPRT 1009	Exercise Performance and Health	10
NATS 2040	Physical Activity, Nutrition and Health	10
SPRT 2013	Leading Games and Sports	10
Credit Points		40
Year 2		
Autumn session		
PUBH 2005	Culture, Diversity and Health	10
HLTH 2013	Motor Behaviour	10
And two flexible subjects		20
Credit Points		40
Spring session		
BEHV 3025	Sport and Exercise Psychology	10
HLTH 3026	Movement and Skill Analysis	10
And two flexible subjects		20
Credit Points		40
Year 3		
Autumn session		
TEAC 7004	Adolescent Development and Teaching	10
TEAC 7027	Designing Teaching and Learning	10
SPRT 3023	Advanced HPE and Sport Leadership	10
SPRT 3024	Contemporary Youth Health	10
Credit Points		40
Spring session		
TEAC 7032	Diversity, Social Justice and Learning	10
TEAC 7108	Professional Practice Community Engagement	10
SPRT 3020	Applied Research Project	10

SPRT 3022	Outdoor Education, Sustainability and Health	10
Credit Points		40
Total Credit Points		240

Mid year intake

Course	Title	Credit Points
Year 1		
Spring session		
NATS 2040	Physical Activity, Nutrition and Health	10
HLTH 1012	Evidence in Health	10
And two flexible subjects		20
Credit Points		40
Autumn session		
SPRT 1008	Sport for Social Development	10
PUBH 1006	Population Health and Society	10
SPRT 1001	Fundamentals of Exercise Science	10
HLTH 1020	Foundations of HPE	10
Credit Points		40
Year 2		
Spring session		
BEHV 3025	Sport and Exercise Psychology	10
SPRT 1009	Exercise Performance and Health	10
SPRT 2013	Leading Games and Sports	10
HLTH 3026	Movement and Skill Analysis	10
Credit Points		40
Autumn session		
PUBH 2005	Culture, Diversity and Health	10
HLTH 2031	Motor Behaviour	10
And two flexible subjects		20
Credit Points		40
Year 3		
Spring session		
TEAC 7032	Diversity, Social Justice and Learning	10
TEAC 7108	Professional Practice Community Engagement	10
SPRT 3020	Applied Research Project	10
SPRT 3022	Outdoor Education, Sustainability and Health	10
Credit Points		40
Autumn session		
TEAC 7004	Adolescent Development and Teaching	10
TEAC 7027	Designing Teaching and Learning	10
SPRT 3023	Advanced HPE and Sport Leadership	10
SPRT 3024	Contemporary Youth Health	10
Credit Points		40
Total Credit Points		240

Minor flexible spaces

Elective units may be used toward obtaining an additional approved minor.

Students who maintain a GPA of 5 or higher may use elective units toward obtaining an additional approved minor in Critical and Systems Thinking

0287 - Critical and Systems Thinking (<https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/critical-systems-thinking-minor/#text>)

Western Sydney University offers minors in a range of areas including Sustainability and Indigenous Studies.

0015 - Indigenous Australian Studies (<https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/indigenous-australian-studies-minor/>)