HEALTH PROMOTION, TESTAMUR MAJOR (T018)

Western Sydney University Major Code: T018

Previous Code: MT4001.1

Available to students in other Western Sydney University programs?

Health Promotion extends beyond raising awareness of healthcare issues. It also involves developing and implementing strategies for communities, individuals and policy makers to support good health and wellbeing. Health Promotion graduates help address health inequities in communities, link individuals and communities with healthcare, and assist individuals and communities to follow healthy behaviours, working across sectors and engaging collaboratively with communities to do so. Health promotion projects are as diverse as injury prevention, skin cancer prevention, HIV/AIDS awareness and community development. Health promotion professionals work in diverse settings including healthcare, workplace and educational facilities, community, local, state and federal government, private industry and not-for profit organisations. The major combines studies of health politics and planning, health promotion practice and public health with a comprehensive foundation in the health sciences to develop the professional competencies important for ethical and safe practice. Students will develop the skills required to work in multidisciplinary teams. Evidence-based practice is one of the most important trends in healthcare today and a strong feature of the major. The major includes 140 hours of professional practice placement.

Location

Location			
Campus	Mode	Advice	Select two elect
Campbelltown Ca	ampus Internal	Dr Justin Guagliano (https:// directory.westernsydne search/profile/64982/)	y.ed Spring session
	Online	Dr Justin Guagliano (https:// directory.westernsydne search/profile/64982/)	ĺ
Sydney City Cam	pus Internal	Dr Andrey Zheluk (https://	Bachelor of I

Major Structure

For 4656 Bachelor of Health Science students who want Health Promotion as their primary testamur major in health science. Health Promotion will be written on the graduation testamur. This major is made up of 80 credit points

Recommended Sequence

Bachelor of Health Science Full-time start-year intake

Course	Title	Credit Points
Year 1		
Autumn session		
PUBH 1006	Population Health and Society	10
HLTH 1013	Professional Competencies in Health	10

N,	BIOS 1035	Anatomy and Physiology in Health	10
•	PUBH 1010	Health Promotion Theory and Approaches	10
(T018)		Credit Points	40
· · · · · · · · · · · · · · · · · · ·	Spring session	Communication in Hoolah	10
	COMM 1007	Communication in Health	10
	HLTH 1012	Evidence in Health	10
University programs?	BIOS 1036	Human Development and Disease across the lifespan	10
	PUBH 1011	Promoting Health Collaboratively in Communities	10
eness of healthcare		Credit Points	40
enting strategies for support good health	Year 2		
p address health	Autumn session		
communities with	HLTH 2024	Research Methods in Health	10
nities to follow healthy	PUBH 2005	Culture, Diversity and Health	10
ing collaboratively	Select two electives		20
projects are as diverse		Credit Points	40
V/AIDS awareness n professionals work	Spring session		
ace and educational	PUBH 3025	Health Policy and Advocacy	10
overnment, private	PUBH 3026	Health Promotion Planning and	10
najor combines studies	1 0011 3020	Implementation	10
on practice and public	BEHV 1014	Psychology and Health	10
health sciences to	Select one elective	-,	10
ant for ethical and equired to work in		Credit Points	40
ce is one of the most	Year 3		
ong feature of the major.	Autumn session		
ractice placement.	PUBH 3028	Transforming Health	10
	PUBH 3022	Advances and Challenges in Health	10
	1 0011 3022	Promotion	10
Advice	Select two electives		20
Dr Justin		Credit Points	40
Guagliano (https://	Spring session	orean remite	.0
directory.westernsydney.search/profile/64982/)	MFDI 3007	Professional Health Placement	10
Dr Justin	Select three elective		30
Guagliano (https://	- Colour times cicotive	Credit Points	40
directory.westernsydney.	eđu.au/		
search/profile/64982/)		Total Credit Points	240
Dr Andrey	Bachelor of Hea	alth Science	
Zheluk (https:// directory.westernsydney.	Full-time mid-v	ear intake	
directory.westernsydney.	edu.au/ * Course	Title	Credit
search/email/ a.zheluk@city.westernsy			Points
a.zneidk@city.westernsy	Year 1		
	Spring session		
who wont Hoolth	COMM 1007	Communication in Health	10
who want Health lealth science. Health	HLTH 1013	Professional Competencies in Health	10
tamur. This major is	PUBH 1011	Promoting Health Collaboratively in	10
	1 0511 1011	Communities	
	HLTH 1012	Evidence in Health	10
	-	Credit Points	40
	Autumn session		
	BIOS 1035	Anatomy and Physiology in Health	10
Credit	PUBH 1006	Population Health and Society	10
Points	PUBH 1010	Health Promotion Theory and Approaches	10
i onito	Select one elective	Treature Tomotion Theory and Approaches	10
	Select one elective	Credit Bainta	
		Credit Points	40

Year 2		
Spring session		
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and Implementation	10
BIOS 1036	Human Development and Disease across the lifespan	10
BEHV 1014	Psychology and Health	10
	Credit Points	40
Autumn session		
HLTH 2024	Research Methods in Health	10
PUBH 2005	Culture, Diversity and Health	10
Select two electives		20
	Credit Points	40
Year 3		
Spring session		
MEDI 3007	Professional Health Placement	10
Select three elective	s	30
	Credit Points	40
Autumn session		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health Promotion	10
Select two electives		20
	Credit Points	40
	Total Credit Points	240

Diploma in Health Science/Bachelor of Health Science (Health Promotion) Full-time start-year intake

Course	Title	Credit Points
Year 1		
Term 1		
PUBH 1007	Population Health and Society (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
HLTH 1015	Professional Competencies in Health (WSTC)	10
Term 2		
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
Term 3		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
	Credit Points	100
Year 2		
Autumn session		
PUBH 1010	Health Promotion Theory and Approaches	10
HLTH 2024	Research Methods in Health	10

	Total Credit Points	260
	Credit Points	40
Select three electives	S	30
MEDI 3007	Professional Health Placement	10
Spring session		
	Credit Points	40
Select two electives		20
PUBH 3022	Advances and Challenges in Health Promotion	10
PUBH 3028	Transforming Health	10
Autumn session		
Year 3		
	Credit Points	40
Select one elective		10
PUBH 1011	Promoting Health Collaboratively in Communities	10
PUBH 3026	Health Promotion Planning and Implementation	10
Spring session PUBH 3025	Health Policy and Advocacy	10
Caring coories	Credit Points	40
Select two electives		
Select two electives		20

Diploma in Health Science/Bachelor of Health Science (Health Promotion) Full-time mid-year intake

Course	Title	Credit Points
Year 1		
Term 2		
HLTH 1015	Professional Competencies in Health (WSTC)	10
HLTH 0005	The Health Science Professional (WSTC Prep)	10
PUBH 1007	Population Health and Society (WSTC)	10
NATS 0006	Fundamentals of Health Science (WSTC Prep)	10
Term 3		
BIOS 1037	Human Development and Disease across the Lifespan (WSTC)	10
COMM 1008	Communication in Health (WSTC)	10
PUBH 2006	Culture, Diversity and Health (WSTC)	10
Term 1		
BIOS 1038	Anatomy and Physiology in Health (WSTC)	10
BEHV 1015	Psychology and Health (WSTC)	10
HLTH 1014	Evidence in Health (WSTC)	10
	Credit Points	100
Year 2		
Spring session		
PUBH 1011	Promoting Health Collaboratively in Communities	10
Select three elective	s	30
	Credit Points	40
Autumn session		
HLTH 2024	Research Methods in Health	10
PUBH 1010	Health Promotion Theory and Approaches	10

Select two elective	/es	20
	Credit Points	40
Year 3		
Spring session		
MEDI 3007	Professional Health Placement	10
PUBH 3025	Health Policy and Advocacy	10
PUBH 3026	Health Promotion Planning and	10
	Implementation	
Select one electiv	/e	10
	Credit Points	40
Autumn session		
PUBH 3028	Transforming Health	10
PUBH 3022	Advances and Challenges in Health	10
	Promotion	
Select two elective	/es	20
	Credit Points	40
	Total Credit Points	260

Electives

Students must take at least one level 3 subject as an elective.

Most electives are 10 credit points.

Students may wish to consider using elective choices to complete another health sciences field of study

Minors

Health Practice Management, Minor (https://

hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/health-practice-management-minor/)

Public Health, Minor (https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/public-health-minor/)

Health and Recreation, Minor (https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/health-recreation-minor/)

Leisure for Diverse Groups, Minor (https://

hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/leisure-diverse-groups-minor/)

Sport Development, Minor (https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/sport-development-minor/)

Physical Activity and Health, Minor (https://

hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/physical-activity-health-minor/)

Majors

Public Health, Major (https://hbook.westernsydney.edu.au/archives/2022-2023/majors-minors/public-health-major/)

Related Programs

Bachelor of Health Science (4656) (https://

hbook.westernsydney.edu.au/archives/2022-2023/programs/bachelor-health-science/)

Diploma in Health Science/Bachelor of Health Science (6000) (https://hbook.westernsydney.edu.au/archives/2022-2023/programs/diplomahealth-science-bachelor-health-science/)