

WELF 1007 MENTAL HEALTH WORKFORCE TRAINING

Credit Points 10

Legacy Code 102530

Coordinator Tim Griffin ([https://directory.westernsydney.edu.au/search/name/Tim Griffin/](https://directory.westernsydney.edu.au/search/name/Tim%20Griffin/))

Description This unit is a Level 1 Open Elective for eligible students who have completed the Certificate IV in Mental Health (CHC43315) with Wesley Mission. This Certificate prepares mental health workers for the provision of self-directed, recovery oriented support for people affected by mental illness and psychiatric disability. The initial training is carried out on campus at Western Sydney University under the guidance of Wesley Mission (Sydney). The unit involves reflecting on the links between mental health workforce training and the academic discipline of psychology. The focus of this unit is on the knowledge required for mental health workers.

School Psychology

Student Contribution Band HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 1 subject

Co-requisite(s) BEHV 1018 OR BEHV 1016

Restrictions Permission from the subject Coordinator to enrol following evidence of successful completion of Certificate IV in Mental Health CHC43315 with Wesley Mission.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Draw links between knowledge drawn from the science of psychology and from knowledge required for work in the mental health workforce.

Subject Content

- Working with diverse people, and promoting Aboriginal and/or Torres Strait Islander cultural safety.
 - establishing self-directed recovery relationships in collaboration with recovery oriented mental health services.
 - The care Network and other services, particularly in Trauma informed care.
 - The provision of services to people with co-existing mental health and alcohol and other drug issues.
 - The assessment and promotion of social, emotional and physical wellbeing in The facilitation of self-advocacy.
 - Working legally and ethically, and participating in workplace health and safety.
- Working with diverse people, and promoting Aboriginal and/or Torres Strait Islander cultural safety.
- Establishing self-directed recovery relationships in collaboration with recovery oriented mental health services.
- The care network and other services, particularly in trauma informed care.
- The provision of services to people with co-existing mental health and alcohol and other drug issues.

The assessment and promotion of social, emotional and physical wellbeing in the facilitation of self-advocacy.
Working legally and ethically, and participating in workplace health and safety.

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Reflection	1,500 words	S/U	N	Individual

Teaching Periods