

# TEAC 1014 EXPERIENCE-BASED OUTDOOR EDUCATION

**Credit Points** 10

**Legacy Code** 102206

**Coordinator** Tonia Gray ([https://directory.westernsydney.edu.au/search/name/Tonia Gray/](https://directory.westernsydney.edu.au/search/name/Tonia%20Gray/))

**Description** In this unit students connect with the natural world through outdoor adventure activities. Students learn about themselves, others, and the environment through a series of experiential activities. The unit focuses on self-reliance, resiliency, interdependence, managing personal risks, and the value of life-long outdoor recreation for enjoyment, health and well-being. This unit will involve two full-day practical field trips in the outdoors as well as lectures and tutorials. The practical field trips are physically demanding whilst also extending students mentally and socially. Given the nature of the bushwalking field trips, participants require a moderate level of personal fitness.

**School** Education

**Discipline** Teacher Education

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 1 subject

**Equivalent Subjects** SPRT 1005 - Outdoor Recreation

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Reflect on the impact of outdoor education theory including ecological literacy, nature deficit disorder, positive psychology, risk management and adventure programing;
2. Evaluate the process of experiential learning and its connection to personal growth;
3. Communicate experiential and theoretical connections between humans and their environment;
4. Assess individual and group well-being in outdoor activities;
5. Demonstrate personal and interpersonal capabilities in communication, resilience, self-confidence, teamwork, goal setting, personal autonomy and initiative.
6. Develop a deeper understanding of Indigenous links to the land and their culture

## Subject Content

1. Theoretical models of experience-based learning in the outdoors and variations in emphasis developed by key writers in the field;
2. Relationships between experience-based learning in the outdoors and holistic well-being;
3. Participation, reflection and engagement in outdoor adventure education;
4. Sustainability, stewardship and nature deficit disorder;
5. Intra- and interpersonal skill development.
6. Understanding of Indigenous concepts related to connectivity to land

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

| Item                     | Length       | Percent | Threshold | Individual/Group Task |
|--------------------------|--------------|---------|-----------|-----------------------|
| Professional task        | 1000 words   | 50      | N         | Individual            |
| Outdoor field trips      | 2 x full-day | S/U     | Y         | Group                 |
| Reflection on field trip | 15 minutes   | 50      | N         | Individual            |

Teaching Periods