

# SPRT 3003 COACHING SPORT AND RECREATION ACTIVITIES

**Credit Points** 10

**Legacy Code** 401169

**Coordinator** Andrew Bennie (<https://directory.westernsydney.edu.au/search/name/Andrew+Bennie/>)

**Description** Coaching Sport and Recreation Activities offers students with a learning experience based on the principles of physical education and sports coaching in variety of sports and recreational activities. This unit builds upon physical activity instruction and teaching games for understanding (game sense) introduced in earlier units. You will have the opportunity to plan, implement, and reflect on your own teaching practice during tutorials and within community sport contexts. You will learn to see things from multiple perspectives based on content delivered by university staff, peers, and external sport organisations. The unit incorporates experience in meaningful situations that will help prepare you for work in a dynamic field of education. This unit includes approximately 35 hours of work integrated learning.

**School** Health Sciences

**Discipline** Sport and Recreation Activities

**Student Contribution Band** HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** SPRT 2007

**Equivalent Subjects** SPRT 3007 - Ethical Issues in Sport and Athletics  
SPRT 3010 - Recreational Sports LGYA 0701 - Human Movement 6

## Restrictions

Students must be enrolled in 4659 Bachelor of Health Science (PDHPE), 4742 Bachelor of Health Science (Health and Physical Education)- Pathway to Teaching (Secondary), 4747 Bachelor of Health Science (Health and Physical Education) or 6001 Diploma in Health Science/ Bachelor of Health Science (Health and Physical Education)

## Assumed Knowledge

Completion of two introductory coaching certificates.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Examine various principles of effective coaching, teaching and leadership within sport and recreation settings.
2. Assess the experiences and needs of individuals, groups and communities within a range of different physical activity, sport and recreation contexts.
3. Design and implement practical activities to suit the experiences and needs of individuals, groups and communities within a range of physical activity, sport and recreation contexts.
4. Evaluate the successes and challenges of teaching activities using self-reflection and feedback to identify improvements and action plans for future learning opportunities.

5. Demonstrate teaching and coaching proficiency in various theoretical and practical contexts.

## Subject Content

1. planning, implementing and evaluating teaching sessions in university, school, and community contexts
2. employing reflective practice as a learning process to inform effective design and delivery of sport and recreation activities
3. principles for gaining a sport coaching accreditation

## Special Requirements

Legislative pre-requisites

Special requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)) relate to enrolment into some Subjects, usually those with placements or external activities (e.g., visiting schools). Both Games for Diverse Groups AND Coaching Sport and Rec have the following three special requirements.

**Working With Children Check** - Apply for your WWCC here (<https://www.service.nsw.gov.au/transaction/apply-working-children-check/>). Upload your WWCC here. ([https://wsu.service-now.com/student/?id=wsu\\_cat\\_item&sys\\_id=9c8b61a2dbbed8504f58e434059619ed&syspa](https://wsu.service-now.com/student/?id=wsu_cat_item&sys_id=9c8b61a2dbbed8504f58e434059619ed&syspa))

**Child Protection Course** - Students must complete the TWO components of the NSW Department of Education's Child Protection Awareness Training (CPAT) on the NSW Department of Education's MyPL website <https://mypl.education.nsw.gov.au/> (<https://mypl.education.nsw.gov.au/auth/login/?returnUrl=%2F>) The CPAT: Annual Update will need to be renewed and submitted on an annual basis. Further info can be found on vUWS. Upload your certificate here. ([https://wsu.service-now.com/student/?id=wsu\\_cat\\_item&sys\\_id=9c8b61a2dbbed8504f58e434059619ed&syspa](https://wsu.service-now.com/student/?id=wsu_cat_item&sys_id=9c8b61a2dbbed8504f58e434059619ed&syspa))

**Covid-19 Vaccination** - Upload your vaccination certificate through Western Now. ([https://wsu.service-now.com/student/?id=sc\\_cat\\_item&sys\\_id=b761759d1b5bd050c13a0edddc4bcbe3](https://wsu.service-now.com/student/?id=sc_cat_item&sys_id=b761759d1b5bd050c13a0edddc4bcbe3))

Prior to enrolling in this subject, students must have submitted a Working with Children Check and have completed a Child Protection Workshop and met Covid-19 Vaccination Requirements.

Students will be required to meet the following Public Health Order to be able to attend placements in Schools.

The Public Health (COVID-19 Vaccination of Education and Care Workers): Order dated 23 September states that:

- all education and care workers must not carry out relevant work on or after 8 November 2021 unless the worker has – Had 2 doses of a COVID-19 vaccine, or
- Been issued with a medical contraindication certificate (there is a specific certificate issued by a medical practitioner – a normal Doctor's Certificate will not be accepted)

Use the link to the Special Requirements webpage below for more information.

Special requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Applied Project	3 x 50 minute lesson plans	30	N	Both (Individual & Group)
Reflection	1x1500 words / 10 - 15 minute video (interchangeable)	40	N	Individual
Reflection	Up to 300 words and / or quiz submission	30	N	Individual
Professional Placement Performance	Approximately 35 hours	0	Y	Individual

Teaching Periods

## Autumn

### Penrith (Kingswood)

#### Day

**Subject Contact** Andrew Bennie ([https://directory.westernsydney.edu.au/search/name/Andrew Bennie/](https://directory.westernsydney.edu.au/search/name/Andrew%20Bennie/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=SPRT3003\\_22-AUT\\_KW\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=SPRT3003_22-AUT_KW_D#subjects))