# REHA 4018 PODIATRIC PRACTICE 3

**Credit Points 10** 

Legacy Code 401114

Coordinator Kym Hennessy (https://directory.westernsydney.edu.au/search/name/Kym Hennessy/)

Description This unit is the third of four clinical practice units. Building on previous clinical units and academic knowledge the unit develops student assessment skills encouraging the student to make the appropriate selection of assessment techniques to diagnose, treat and provide short and long term health outcomes. Students will continue to participate in clinical activities under supervision to manage foot pathologies with increased scope to evaluate and manage more complex cases (i.e. surgery, paediatrics, high risk foot). Clinical activities include UniClinic sessions, Clinical Therapies, Tutorials, and External Clinical Placement.

School Health Sciences

**Discipline** Podiatry

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Undergraduate Level 4 subject

Pre-requisite(s) REHA 3029 AND REHA 3030

Incompatible Subjects REHA 7021 - Podiatric Practice 3

### Restrictions

Students mut be enrolled in 4708 Bachelor of Podiatric Medicine and 4709 Bachelor of Podiatric Medicine (Honours).

# **Learning Outcomes**

On successful completion of this subject, students should be able to:

- 1. Demonstrate skills in safe work practices including infection control and work health and safety in a clinical setting.
- 2. Apply professional communication skills in a clinical setting.
- 3. Appraise and review assessment, diagnostic and management skills necessary for the development and application of treatment of patients with general foot and lower extremity pathologies.
- 4. Consolidate specialist diagnostic skills for the assessment of patients from special populations including radiographic interpretation, vascular assessment, neurological assessment, and biomechanical assessment.
- 5. Develop and apply assessment, diagnosis and management knowledge and skills in the context of complex clinical cases including paediatric, sports and geriatric patients.
- Develop and demonstrate safe and competent skills in undertaking nail surgery procedures.
- 7. Develop and refine skills in the manufacture of custom made functional orthotic devices including neutral casting, positive cast manufacture, grinding and safety competencies.
- 8. Develop and apply soft tissue techniques in the context of management of musculoskelatal pathologies.

### **Subject Content**

This is the third of four clinical practice subjects, the student will participate in patient assessment, diagnosis, and management. Completing this unit, builds on students clinical and academic skills in preparation for becoming a graduate podiatrist.

The activities will be divided into three areas:

- (a) UniClinic (including surgery)
- (b) Clinical therapies and clinical tutorials
- (c) External Clinical Placement

#### (a) UniClinic (including surgery)

In these clinics, the student will consolidate and further develop patient assessment, diagnosis and management, and clinical reasoning skills. The patients who attend these clinics will be new and ongoing patients who have basic foot problems, problems associated with an existing medical condition, mechanical/functional problems or require minor surgical intervention. Appropriate assessments and management strategies will be carried out including manufacture of orthoses, soft tissue techniques, and minor surgical procedures. The students will be supervised by registered practitioners. Tutorials will support the management and educational needs (including case presentations) to faciliate learning during sessions.

#### (b) Clinical Therapies and clinical tutorials

This unit will continue to develop clinical skills and academic knowledge in a range of therapies. This unit will build on previous orthoses and surgery unit content taught in the 3rd year of the program. Additional content ('soft tissue techniques') will also be introduced to refine student clinical application and reasoning skills to manage musculoskelatal pathologies. Clinical tutorials will support the management and educational needs (including case presentations) to facilitate learning during UniClinic sessions.

Content will include:

Manufacture of clinical devices, problem solving and ethics Prefab and off the shelf devices

Soft tissue therapies including trigger point, dry needling and active release techniques

Revision of surgical procedures and protocols

Orthotic scripts

Translation of patient pathology and condition to orthotic script prescription

Translation of biomechanical assessment results to orthotic script prescription

### (c) External Clinical Placement

A placement for 20 days of clinical activities in an external clinical site will be undertaken. The focus of this placement will be on developing assessment, diagnostic, management, and patient interaction skills in a real world clinical setting.

## **Special Requirements**

Legislative pre-requisites

# Special Requirements - NSW Health Legislative Prerequisites

# Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required healthrelated placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

### **Western Program Requirements**

Visit the Special Requirements webpage for details about your program.

Special Requirements (https://www.westernsydney.edu.au/currentstudents/current\_students/enrolment/special\_requirements/)

### Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet (https://issuu.com/uwspublications/docs/wsu\_student\_compliance\_booklet\_2020\_v6/)

Please ensure that you

- 1. Find your existing National Police Check or apply for one
- 2. Gather documentary evidence of your vaccination history
- 3. Print and compete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
- 4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

### **School Requirements**

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program

   approved program providers can be found at the Government
   Training website
- · http://training.gov.au (http://training.gov.au/)
- · Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

https://www.westernsydney.edu.au/learning\_futures/home/ placements\_hub/placements\_hub/student\_compliance (https:// www.westernsydney.edu.au/learning\_futures/home/placements\_hub/ placements\_hub/student\_compliance/)

### **Assessment**

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Practical	4 hours	25	N	Individual
Case Study	10 minutes	15	N	Individual

Reflection	1,000 words (eg 2 x 500 words)	10	N	Individual
Practical Exam	40 minutes (eg 2 x 20 minute stations)	50	Y	Individual
Professional Placement Performance	Daily on UniClinic and placement - 52 hours at UniClinic, 52 hours clinical therapies and clinical tutorial, 20 days of supervised external clinical placement	S/U	Υ	Individual

**Teaching Periods** 

### 1st Half

### Campbelltown

Day

Subject Contact Rebecca Gordon (https://directory.westernsydney.edu.au/search/name/Rebecca Gordon/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=REHA4018\_22-1H\_CA\_D#subjects)