

# REHA 3041 FACILITATION IN RECREATIONAL THERAPY

**Credit Points** 10

**Legacy Code** 401385

**Coordinator** Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

**Description** This unit explores the facilitation of recreational therapy interventions, including processing and building rapport and trust with individuals and groups. Various recreational therapy modalities, and their application and benefits to achieving health outcomes will be explored and critiqued. This unit is designed to be hands-on and students will be tasked with facilitating a mock intervention for their peers.

**School** Health Sciences

**Discipline** Rehabilitation Therapies, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Pre-requisite(s)** REHA 1007

**Co-requisite(s)** REHA 2014

**Equivalent Subjects** REHA 3035 - Therapeutic Recreation Professional Project

**Assumed Knowledge**

Knowledge of recreational therapy assessment, planning and evaluation processes.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply and critique theories and principles of recreation therapy to develop therapeutic interventions;
2. Utilise recreation therapy frameworks in individual and group interventions;
3. Design and adapt recreational therapy activities and treatments to meet diverse needs;
4. Facilitate ethically sound and evidence-based recreational therapy interventions;
5. Demonstrates effective communication skills;
6. Assess the quality and effectiveness of recreational therapy facilitation practices.

## Subject Content

1. Principles of learning
2. Evidenced-based practice in Recreational Therapy
3. Communication and instructional techniques in Recreational Therapy
4. Helping and counselling theories in Recreational Therapy
5. Facilitation skills with different populations in Recreational Therapy
6. Emotional and physical expression and control
7. Educational and adaptation strategies

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Presentation	15 minutes	15	N	Group
Applied project	1000 words	35	N	Individual
Practical (15 % for group component and 20% for individual component)	30 minutes	35	N	Both (Individual & Group)
Participation Report	800 words	15	N	Individual

Teaching Periods

## Spring Campbelltown Day

**Subject Contact** Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=REHA3041\\_22-SPR\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3041_22-SPR_CA_D#subjects))

## Online Online

**Subject Contact** Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=REHA3041\\_22-SPR\\_ON\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3041_22-SPR_ON_O#subjects))

## Sydney City Campus - Term 3 Sydney City Day

**Subject Contact** Andrey Zheluk ([https://directory.westernsydney.edu.au/search/name/Andrey Zheluk/](https://directory.westernsydney.edu.au/search/name/Andrey%20Zheluk/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=REHA3041\\_22-SC3\\_SC\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3041_22-SC3_SC_D#subjects))