

REHA 3035 THERAPEUTIC RECREATION PROFESSIONAL PROJECT

Credit Points 10

Legacy Code 400254

Coordinator Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

Description This subject will no longer be offered. Student are advised to enrol into the equivalent subject called REHA3041 Facilitation in Recreational Therapy in Spring 2022. The aim of this unit is for students to explore the facilitation of therapeutic recreation interventions. Students will have opportunities to apply practical professional skills, including working through the treatment process and building rapport with individuals and groups. This unit is a hands on unit where students engage in mock activity interventions.

School Health Sciences

Discipline Rehabilitation Therapies, Not Elsewhere Classified.

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) HLTH 1001 AND REHA 3036

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply theories and principles to develop therapeutic/helping relationships.
2. Utilise the recreation therapy framework in individual and group treatment.
3. Apply evidenced based practice in recreational therapy contexts.
4. Apply skills in developing evidence based treatment plans based on clients strengths and resources
5. Design and adapt recreation therapy activities and treatments to meet individual needs.
6. Facilitate therapeutic recreation treatments.

Subject Content

1. Communication techniques in Therapeutic Recreation
2. Instructional techniques in Therapeutic Recreation
3. Evidenced based practice in Therapeutic Recreation
4. Intervention techniques in Therapeutic Recreation
5. Helping and counselling theories in Therapeutic Recreation
6. Facilitation skills in Therapeutic Recreation

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Presentation	15 minutes	15	N	Group
Applied Project	1,000 words	25	N	Individual
Practical	30 minutes	30	N	Both (Individual & Group)
Literature Review	1,500 words	30	N	Individual

Prescribed Texts

- Stumbo, N. and Wardlaw, (2011). Facilitation of therapeutic recreation services: An evidence-based and best practice approach to techniques and processes. State College, PA: Venture Publishing.

Teaching Periods

Sydney City Campus - Term 2

Sydney City

Day

Subject Contact Andrey Zheluk ([https://directory.westernsydney.edu.au/search/name/Andrey Zheluk/](https://directory.westernsydney.edu.au/search/name/Andrey%20Zheluk/))

View timetable (https://clasregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3035_22-SC2_SC_D#subjects)

Spring

Campbelltown

Day

Subject Contact Nicole Peel ([https://directory.westernsydney.edu.au/search/name/Nicole Peel/](https://directory.westernsydney.edu.au/search/name/Nicole%20Peel/))

View timetable (https://clasregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA3035_22-SPR_CA_D#subjects)