

REHA 1003 INTRODUCTION TO PODIATRY

Credit Points 10

Legacy Code 400905

Coordinator Steven Walmsley ([https://directory.westernsydney.edu.au/search/name/Steven Walmsley/](https://directory.westernsydney.edu.au/search/name/Steven%20Walmsley/))

Description The broad aim of this unit is to introduce the work of podiatrists in health care and explain the important role of podiatric services in the community. Students will develop basic skills in dealing with professional, legislative and health issues. The focus will primarily be on areas designed to prepare students for incorporating the clinical standards for infection control and general clinical assessment skills in preparation for competent and safe practice in clinical units.

School Health Sciences

Discipline Podiatry

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 1 subject

Restrictions Podiatry specific - students will be participating in podiatry related knowledge and skills that apply to podiatric practice subjects and designed to be an integrated part of the suite of subjects where one subject builds upon the competencies that complement subjects in Year 2, 3 and 4.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify the roles of podiatry in the health care setting.
2. Define and describe the aetiology of common skin and nail disorders in the clinical setting.
3. Discuss the relevance of clinical skills in assessment of foot problems and historical background of treatment including footwear.
4. Explain and demonstrate the relevant skills in assessing dermatological, vascular, and neurological status in the normal population.
5. Identify the importance of lower extremity biomechanics and gait analysis in a health care environment.
6. Discuss and apply the framework of infection control standards in the health care environment.
7. Describe the management of patient data.
8. Identify the legal and professional standards associated with documentation in clinical settings

Subject Content

1. History of podiatry
 - from The inception to The present day
2. Role of podiatry in healthcare
 - sole practitioner and multidisciplinary teams
3. Introduction to podiatric conditions and assessment
 - broad Overview of The structure and function of The skin

- introduction to common dermatological conditions of podiatric significance, including Tinea, hyperkeratosis, hyper/hypohydrosis, corns, callus, warts and nail conditions
 - introduction to Basic vascular, neurological, Biomechanical assessment techniques and gait analysis
 - introduction to patient history taking principles, focusing on communication skills, obtaining relevant information (objective and subjective), maintaining patient Confidentiality
4. National policy and legislation
 - Overview of Registration
 - professional Legislation
 - documentation and legal requirements
 - infection control theory and policy - Overview of Sterilisation, disinfection and antiseptic techniques
 5. Footwear
 - historical and social Overview
 - components of A shoe
 - types of shoes
 - effects of shoes on function
 - Basic assessment of footwear

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Quiz	2 x 1 hour	40	N	Individual
Final Exam	2 hours	60	N	Individual
Professional Task	All Tutorials	S/U	Y	Individual

Prescribed Texts

- Frowen, P., O'Donnell, M., Lorimer, D. L., & Burrow, G. (Eds.). (2010). Neale's disorders of the foot (8th ed.). Edinburgh: Churchill Livingstone.

Teaching Periods

Autumn Campbelltown Day

Subject Contact Steven Walmsley ([https://directory.westernsydney.edu.au/search/name/Steven Walmsley/](https://directory.westernsydney.edu.au/search/name/Steven%20Walmsley/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=REHA1003_22-AUT_CA_D#subjects)