

NURS 7080 WALUWIN: HEALTH ACROSS THE LIFESPAN FOR MOB

Credit Points 10

Legacy Code 401502

Coordinator Alison Barnes ([https://directory.westernsydney.edu.au/search/name/Alison Barnes/](https://directory.westernsydney.edu.au/search/name/Alison%20Barnes/))

Description Building on the broad concepts learnt in core unit 401454 - Indigenous Australian Health, Wellness and Culture or unit 401445 - Health, Culture and Wellbeing of Aboriginal and Torres Strait Islander Peoples, this unit introduces the student to perspectives of Aboriginal and Torres Strait Islander people's health looking across the lifespan. Critical aspects of nursing care across the lifespan are examined focusing on the patients emotional, social, physical, and significantly, spiritual wellbeing in addition to family and the communities' response to the key alterations in health. Classroom learning will be supported by a field trip which allows students to experience a culturally immersive experience on Country facilitated by Aboriginal Elders. The field trip will also allow students to develop new skills for practice and develop a deeper appreciation for Aboriginal and Torres Strait Islander peoples and culture. This unit will interest anyone with an interest in contemporary Aboriginal and Torres Strait Islander culture and health care.

School Nursing & Midwifery

Discipline Nursing

Student Contribution Band HECS Band 1 10cp

Level Postgraduate Coursework Level 7 subject

Pre-requisite(s) NURS 7070 OR
NURS 2039

Restrictions

Students must be enrolled in 4691 - Bachelor of Nursing or 4780 - Bachelor of Nursing ? WSU Online, or 4785 - Master of Nursing Practice (Preregistration).

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply professional standards and the principles of evidence-based practice in planning for the holistic nursing care of Aboriginal and Torres Strait Island people, families, and communities.
2. Analyse underlying pathophysiology, clinical presentations, nursing assessments and interventions for alterations in health, across the life span.
3. Evaluate epidemiology and population health data in diagnostic thinking and develop strategies for community-wide approaches to prevention.
4. Critique historical and current policies and practices to determine how they impact the health and wellbeing of Aboriginal and Torres Strait Islander people today.

Subject Content

Maternal, prenatal, and newborn care for Aboriginal and Torres Strait Islander people

How the early years provide a firm foundation for Aboriginal and Torres Strait Islander people

The importance of Child and family health

Adolescents and the importance of strong cultural ties

Mental Health care ? age relevant concepts are embedded across the program

An examination of Aboriginal and Torres Strait Islander parenting

Women?fs Business

Men?fs Business

Growing older

Aboriginal aged care

The impact of grief and trauma on Aboriginal and Torres Strait Islander people, families, and communities

Traditional health care in a contemporary setting

Nurses as change agents

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Annotated Bibliography	1500 words	50	N	Individual
Presentation	20 minutes	20	N	Group
Reflection	1000 words	30	N	Individual

Teaching Periods