

NURS 7076 PALLIATIVE AND END OF LIFE CARE

Credit Points 10

Legacy Code 401463

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Description Palliative and End of Life Care focuses on the palliative approach as a model of care, exploring the benefits of this approach when supporting dying individuals with any life limiting illness. Students will acquire the capabilities to develop self-care strategies to manage their own grief, loss and stress associated with working in a palliative care context.

School Nursing & Midwifery

Discipline General Nursing

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Postgraduate Coursework Level 7 subject

Restrictions

Students must be enrolled in program 4785 - Master of Nursing Practice (Preregistration).

Assumed Knowledge

Well-developed communication and person-centred care skills.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Justify palliative care principals and their application when assessing, planning, and managing the holistic physical, psychological, cultural, social, and spiritual needs of a person experiencing a life limiting condition across the lifespan.
2. Appraise comprehensive care provided across a variety of settings utilising the multidisciplinary team to provide a well-coordinated and integrated approach.
3. Adapt to a dynamic and constantly changing healthcare environment when facilitating collaborative and ethical decision making about the provision of palliative nursing care and advanced care planning.
4. Identify factors and consider the input required from others, including the person, significant others, members of the interdisciplinary care team and community services when providing palliative care across a variety of settings.
5. Evaluate evidence and apply strategies across the lifespan to support a person and their significant others during palliation including loss and grief support services.
6. Apply strategies to manage a rapidly changing healthcare environment when facilitating collaborative and ethical decision making in the provision of palliative nursing care and advanced care planning.
7. Collaborate effectively when communicating and interacting with a person and their significant others in a palliative care context.

Subject Content

1. Principles of a palliative approach-interdisciplinary team
2. Pathophysiology of dying
3. Communication in palliative and end of life care
4. Adjustment and adaptation to loss
5. Principles for person centred clinical assessment and intervention across the lifespan
6. Pharmacological and non-pharmacological care
7. Optimising function and injury prevention in palliative and end of life care
8. Coping with dying and bereavement as a care giver
9. Spirituality and culturally diverse practices, particularly Aboriginal and Torres Strait Islander people
10. Advance Directives and Power of Attorney
11. Discuss the 10 National Safety and Quality in Health Service Standards
12. Indicative Case Histories
- care of The terminally ill child, Adult and aged persons

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Quiz	30 minutes	30	N	Individual
Case Study	2,000 words	40	N	Individual
Presentation	15 minutes	30	N	Individual

Teaching Periods