

NURS 7026 HEALTHY FAMILIES AND COMMUNITIES

Credit Points 10

Legacy Code 400831

Coordinator Rachel Gregory-Wilson ([https://directory.westernsydney.edu.au/search/name/Rachel Gregory-Wilson/](https://directory.westernsydney.edu.au/search/name/Rachel%20Gregory-Wilson/))

Description This subject explores the diversity and complexity of families and communities by examining differing cultural and social values, beliefs and practices relating to family structure, functioning and parenting practices. Students will be encouraged to reflect on their own cultural values and beliefs and how these influence practice when working with children and families. The subject will provide an introduction to community needs, assessment and principles of community development. Focusing on contemporary issues, content includes transition to parenthood, father inclusive practice, parenting children with disabilities, the changing role of grandparents and carers in Australian society and how neighbourhood and communities influence outcomes for children. This subject will provide students with foundational knowledge in identifying and supporting families with vulnerabilities and fostering resilience. Child protection issues will be addressed.

School Nursing & Midwifery

Discipline Mothercraft Nursing and Family and Child Health Nursing

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Postgraduate Coursework Level 7 subject

Assumed Knowledge

Knowledge of Primary Health Care and families in Australian society at an undergraduate level, augmented with clinical experience at a general Registered Nurse or Registered Midwife level.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Critically analyse the characteristics and diversity of families in Australia and contributing factors such as key social movements (Neoliberalism, feminism, reconciliation and migration).
2. Analyse the key influences on family structure and functioning including neighbourhood and community resources and Govt policies using a sociolo-ecological model.
3. Critically discuss the impact of contemporary state and federal government policies on family health and wellbeing.
4. Identify the key components of a community needs assessment and related community development.
5. Integrate local community and web based resources to support families.
6. Critically discuss the factors that impact on outcomes for child and family health & well being in the transition to parenthood.
7. Demonstrate understanding including factors of vulnerability and resilience of the child and family health.
8. Apply communication and other technologies effectively in personal and professional learning.

9. Demonstrate highly developed skills as a self-reliant learner to effectively in groups and teams.

Subject Content

- 1- Historical perspective on social movements and social change shaping Australian Society through the lens of the ecological systems theory
- 2- Early years research on the social and health policy and government agenda for early childhood health and education, nationally and globally.
- 3- Media and social influences on family life and child wellbeing.
- 4- Identifying and understanding the needs of vulnerable child and family populations in Australia
- 5- The role of child and family health professionals working with diversity
- 6- Role of Child and family health professionals in Community Capacity Building
- 7- What is good enough parenting
- 8- Culturally diverse communities
- 9- The primary health care approach
- 10- Developing community resources and support services for parents.
- 11- Group facilitation
- 12- Working in teams
- 13- Revision
- 14- Father inclusive practices
- 15- Cultural diversity and parenting practices

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Essay	2,000 words	40	N	Individual
Report	2,000 words	50	N	Individual
Participation	250 words each post	10	Y	Individual

Prescribed Texts

- There is no essential textbook.

Teaching Periods

Autumn

Online

Online

Subject Contact Rachel Gregory-Wilson ([https://directory.westernsydney.edu.au/search/name/Rachel Gregory-Wilson/](https://directory.westernsydney.edu.au/search/name/Rachel%20Gregory-Wilson/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS7026_22-AUT_ON_O#subjects)