

# NURS 7025 HEALTH PROMOTION AND THE NURSE

**Credit Points** 10

**Legacy Code** 400210

**Coordinator** Laynie Hall Pullin ([https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/](https://directory.westernsydney.edu.au/search/name/Laynie%20Hall%20Pullin/))

**Description** The challenge for nursing in terms of health promotion is to acknowledge the complex interrelatedness between a person's social and economic situation, their sense of power and control over their life and their physical, emotional and spiritual well-being. Health and well-being are determined by the totality of a person's life circumstances, their inherent traits, and their environmental and social conditions. This subject uses a social health perspective, underpinned by a Primary Health Care philosophy, to examine evidence-based health promotion strategies that can be implemented in the context of nursing practice within a variety of clinical and community health settings.

**School** Nursing & Midwifery

**Discipline** Nursing, Not Elsewhere Classified.

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Postgraduate Coursework Level 7 subject

**Restrictions**

Students must be enrolled in a postgraduate program.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Critically analyse the socio-political influences and Social Determinants of Health which underpin health promotion planning for populations.
2. Evaluate the implications of international, national, and state policy in determining health promotion planning in Australia, including initiatives designed for Aboriginal and Torres Strait Islander peoples.
3. Critique health promotion initiatives implemented for populations and groups, both nationally and internationally.
4. Create measurable short and long-term objectives to address health revealed in a community needs analysis to design planning and evaluation strategies for health promotion.
5. Critically appraise the implications of using health promotion in nursing within a range of clinical and community settings.
6. Formulate a health promotion project proposal related to a speciality area of nursing practice in any clinical or community setting.

## Subject Content

1. The social perspective of health in relation to planning for health promotion.
2. Evaluating the influence of Social Determinants of Health in planning health promotion for populations and groups.
3. Health promotion using a Primary Health Care philosophy and framework.

4. The influence of International, National and State policy in determining directions for health promotion.
5. Issues of power and decision-making in health promotion priorities within community and clinical settings.
6. Effects of the World Health Organization policies within the Australian context
7. National and State government health promotion policies and programs designed to improve the health of the population.
8. Critiquing contemporary health education strategies.
9. Analysing components of a community needs analysis and searching for evidence of population health.
10. Planning measurable short and long-term objectives for health promotion.
11. The planning of health promotion using logic models.
12. Formulating process, impact and outcome evaluations using qualitative and quantitative strategies.
13. The relevance and application of health promotion in clinical and community nursing practice.
14. Evaluating the role of the Registered Nurse in designing and implementing health promotion for populations and groups.

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

| Item     | Length     | Percent | Threshold | Individual/Group Task |
|----------|------------|---------|-----------|-----------------------|
| Essay    | 2000 words | 50      | N         | Individual            |
| Proposal | 2500 words | 50      | N         | Individual            |

Prescribed Texts

- There is no essential textbook.

Teaching Periods

## Spring Online

**Online**

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View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS7025\\_22-SPR\\_ON\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS7025_22-SPR_ON_O#subjects))

## Parramatta - Victoria Rd

**Day**

**Subject Contact** Laynie Hall Pullin ([https://directory.westernsydney.edu.au/search/name/Laynie Hall Pullin/](https://directory.westernsydney.edu.au/search/name/Laynie%20Hall%20Pullin/))

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