

NURS 3023 MATERNAL AND INFANT HEALTH CARE

Credit Points 10

Legacy Code 401237

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Description Maternal and Infant Health care introduces students from Nursing, Health Sciences and other disciplines to the key physiological, social and emotional issues around pregnancy, labour and birth and early parenthood. It also examines the Australian maternity care system and model of care. Content covered in the unit will include; foetal development, normal physiological labour and birth, health promoting behaviours and development of parenting confidence. Importance will also be placed on the role of social support, infant feeding practices and communication and newborn care. Models of care and the impact of the media on shaping parenting ideas and practices will be covered.

School Nursing & Midwifery

Discipline Nursing

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Restrictions Students must have completed at least 120 credit points in a nursing or health related degree. This subject is not available to students in the Bachelor of Midwifery.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Identify social determinants of health and other factors (role of communities and significant others) that may impact on outcomes for mothers, their infants and families
2. Describe normal physiological labour and birth processes and foetal and newborn growth and development.
3. Identify deviations from normal and common obstetric interventions that interfere with normal labour and birth
4. Critically reflect on a range of childbearing and childrearing practices through a perspective of cultural competency
5. Critically analyse a range of infant feeding practices
6. Explore how pregnancy, birth and infant feeding are represented in the media and the impact on expectant and new parents.
7. Compare and contrast maternity models of care in an Australian context, with a particular focus on collaboration among health professionals and communities.

Subject Content

Conception and hormonal influences on preconception health

Normal pregnancy, labour and birth

- foetal growth and development

Deviations from normal

- some Complications, common obstetric interventions, grief and loss

Newborn growth and development

Role of health professionals working in a multidisciplinary team

- Midwives, Nurses, child and family health Nurses, doctors

Maternal and paternal self-care / postpartum practices

- cultural influences

- social Determinants of health and Factors impacting on Maternal and infant outcomes

Infant feeding practices

- breastfeeding, formula feeding

Media representations of pregnancy, birth and infant feeding

Maternity models of care in Australia

- Continuity Models of care ? Midwifery Models of care

- private obstetrician led care

- general practitioner shared care

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Online quiz	30 mins	25	N	Individual
Online quiz	30 mins	25	N	Individual
Case study	1,500 words	50	N	Individual

Teaching Periods