

# NURS 3017 HEALTH VARIATIONS 5 - PALLIATIVE AND END OF LIFE CARE

**Credit Points** 10

**Legacy Code** 401212

**Coordinator** Lauren Metcalfe ([https://directory.westernsydney.edu.au/search/name/Lauren Metcalfe/](https://directory.westernsydney.edu.au/search/name/Lauren%20Metcalfe/))

**Description** Health Variations 5 - Palliative and End of Life Care focuses on the palliative approach as a model of care, exploring the benefits of this approach when supporting dying individuals with any life limiting illness. Students will also acquire the capabilities to develop self-care strategies to manage their own grief, loss and stress associated with working in a palliative setting.

**School** Nursing & Midwifery

**Discipline** Palliative Care Nursing

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 3 subject

**Equivalent Subjects** NURS 3016 Health Variations 5

## Restrictions

Students must be enrolled in 4691 Bachelor of Nursing or 4780 Bachelor of Nursing - WSU Online or 4693 - Bachelor of Nursing (Advanced) or 4692 Bachelor of Nursing (Graduate Entry)

## Assumed Knowledge

Primary health care, foundational knowledge of human biological sciences including human body systems, basic concepts in pharmacology and pathophysiology and the National Health Priorities and the relationship to nursing practice.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the palliative care principals when assessing, planning, and supporting the holistic physical, psychological, cultural, social, and spiritual needs of a person with life limiting conditions across the lifespan
2. Examine the delivery of comprehensive person-centred care across a variety of settings utilising the multidisciplinary team to provide coordinated care for palliative people, their families and carers.
3. Evaluate strategies to support palliative people, families and carers in their role in palliative and end of life care provision including, loss and grief support services
4. Adapt to a dynamic and constantly changing healthcare environment when facilitating collaborative and ethical decision making about the provision of palliative nursing care and support advanced care planning
5. Communicate effectively when interacting with a palliative person, their family and carers, in a palliative care context

## Subject Content

1. A palliative approach, general and specialist palliative care. Who requires palliative care?
2. Models and Domains of palliative care.
3. Accesses and analyses the best available evidence, that includes research findings, for safe, quality practice
4. Ethical principles of palliative nursing; autonomy, beneficence,
5. Legal aspects of palliative care nursing; Advanced care planning, substitute decision maker (Case Study).
6. Communication – effective communication (paraphrase, validate etc), difficult conversations (communicating to people under stress, communicating with people in pain) and caring for families.
7. Palliative care settings – How setting effect care, expectations & experience of family/patient.
8. Interdisciplinary teams in palliative care
9. Cultural considerations in palliative care
10. Death, dying and grief responses.
11. Managing pain effectively (pain assessment with people who may have limited communication, & palliative care for children)
12. Symptom Management: Case study
13. Compassion fatigue, burnout, and resilience

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Quiz	30 minutes each x 2	30	N	Individual
Short Answer	1,500 words	40	N	Individual
Presentation	5 minutes	30	N	Individual

Teaching Periods

## Autumn Campbelltown

### Day

**Subject Contact** Lauren Metcalfe ([https://directory.westernsydney.edu.au/search/name/Lauren Metcalfe/](https://directory.westernsydney.edu.au/search/name/Lauren%20Metcalfe/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS3017\\_22-AUT\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS3017_22-AUT_CA_D#subjects))

## Hawkesbury

### Day

**Subject Contact** Lauren Metcalfe ([https://directory.westernsydney.edu.au/search/name/Lauren Metcalfe/](https://directory.westernsydney.edu.au/search/name/Lauren%20Metcalfe/))

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## Liverpool

### Day

**Subject Contact** Lauren Metcalfe ([https://directory.westernsydney.edu.au/search/name/Lauren Metcalfe/](https://directory.westernsydney.edu.au/search/name/Lauren%20Metcalfe/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS3017\\_22-AUT\\_LP\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS3017_22-AUT_LP_D#subjects))

## **Parramatta - Victoria Rd**

### **Day**

**Subject Contact** Lauren Metcalfe ([https://directory.westernsydney.edu.au/search/name/Lauren Metcalfe/](https://directory.westernsydney.edu.au/search/name/Lauren%20Metcalfe/))

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## **WSU Online TRI-1**

### **Wsu Online**

#### **Online**

**Subject Contact** Laura Mellish ([https://directory.westernsydney.edu.au/search/name/Laura Mellish/](https://directory.westernsydney.edu.au/search/name/Laura%20Mellish/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS3017\\_22-OT1\\_OW\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS3017_22-OT1_OW_O#subjects))

## **WSU Online TRI-2**

### **Wsu Online**

#### **Online**

**Subject Contact** Laura Mellish ([https://directory.westernsydney.edu.au/search/name/Laura Mellish/](https://directory.westernsydney.edu.au/search/name/Laura%20Mellish/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS3017\\_22-OT2\\_OW\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS3017_22-OT2_OW_O#subjects))

## **WSU Online TRI-3**

### **Wsu Online**

#### **Online**

**Subject Contact** Laura Mellish ([https://directory.westernsydney.edu.au/search/name/Laura Mellish/](https://directory.westernsydney.edu.au/search/name/Laura%20Mellish/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS3017\\_22-OT3\\_OW\\_O#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS3017_22-OT3_OW_O#subjects))